



present the

**START FITNESS NORTHERN MEN'S 6 STAGE
WOMEN'S 4 STAGE &
YOUNG ATHLETES
ROAD RELAY CHAMPIONSHIPS 2016
(Under UKA Rules)**



**Sport City, Manchester
Sunday 25th September 2016**

In partnership with



WELCOME MESSAGE

Normally in this space there would be a message from the Northern Athletics President. Unfortunately that is not the case this year as our incumbent President, Dr Leo Carroll sadly passed away in June after a short illness. I would however like to pay tribute to him here by remembering what a devoted athletics fan he was. An accomplished athlete for Wirral AC in his youth, Leo went on to become Hon Secretary, Chairman and/or President of Wirral AC, Merseyside AA, Northern Athletics and the ECCA amongst many other roles.

Leo became NA President in November 2015 and had carried out his duties presenting medals and meeting the athletes at all Championship events up to the Senior Championships in June when he was too ill to attend. He thoroughly enjoyed the tasks associated with the Presidency and would have had a great time this weekend as he was particularly involved with Endurance events both as an athlete and as a fan.

Whilst you are enjoying the races today, please spare a moment to remember that without loyal servants like Leo Carroll voluntarily carrying out administrative, coaching and officiating tasks, sports events such as this one simply would not happen. Thanks to all you unsung heroes out there.

On a lighter note I would like to wish all the competitors here this weekend the best of luck in achieving their goals at whatever level that may be.

Have a great day

TIMETABLE

11.30 Under 13 Boys	3 x 3000 metres
11.35 Under 13 Girls	3 x 3000 metres
12.15 Under 15 Boys	3 x 3000 metres
12.20 Under 15 Girls	3 x 3000 metres
13.00 Under 17 Men	3 x 3300 metres
13.05 Under 17 Women	3 x 3300 metres
14:00 Senior Men	6 x 6000 metres
14:05 Senior Women	4 x 6000 metres

Presentations

Presentations will be made as soon as possible after each race - listen to the P.A. for details

Results

Full results will be available at www.race-results.co.uk

Northern Athletics Road Relay Championships 2016

HONORARY RACE OFFICIALS

Meeting Manager:	Steve Gaines.
Referee:	Arwel Williams.
Starter:	Christine Courtney.
Start Stewards:	David Brown, Bill Courtney.
Chief Timekeeper:	Doreen Brown.
Timekeepers:	Richard Brown, Tim Hood, Kevin Johns, Ron Scott.
Chief Judge:	Terry Bailey.
Judge/Recorders:	Richard Batterham, Brian Heywood, Paul Isenwater, Pat Mellish, Mike Welford.
Chief Changeover:	Archie Jenkins.
Finsh/Changeover:	Keith Binney, Carol Brown, James Colling, Malcolm Fletcher, Dawn Lock, Lynne Marr, John Simpson, Jean Simpson, Ken Taylor.
Announcers:	George Patterson, Hudson Stoker.
Registration:	Eileen Ingham.
Press/Results liaison:	Bill McGuirk.
Results:	Sportsoft

NORTHERN ATHLETICS ROAD RUNNING COMMITTEE

Chairman:	Mr Tony Wood.
Hon Championship Secretary:	Ken Smith, 18 Glenbeck Road, Whitefield, Manchester M45 7WN, Tel 01617963322
Executive Board Representatives for Road Running:	Ken Taylor, Bob Brimage

WARNINGS

Team Managers are reminded that these Championships are held under UKA Rules and these rules and the Championships Rules will be strictly adhered to by Northern Athletics. It is not the responsibility of Northern Athletics to ensure that those athletes taking part are eligible to compete for the club that has entered them, it is for the Club/Team Manager to ensure that this is done.

All team members must wear club colours of the same registered design.

Teams will be checked for unregistered athletes: Clubs who knowingly run ineligible or unregistered athletes will be disqualified and have their entry refused for next year's event

Northern Athletics Road Relay Championships 2016

National Championship Dates

ERRA National Road Relays at Sutton Park, Birmingham		
Men's 6 Stage & Women's 4 Stage	8th October 2016	
Young Athlete's Relays	8th October 2016	
ECCA Cross Country Relays	5th November 2016	Mansfield
ECCA National Championships	26th February 2017	Nottingham
ERRA Men's 12 Stage & Women's 6 Stage	18th April 2017	Birmingham

Northern Championship Dates

Northern Cross Country Relays	22nd October 2016	Sheffield
Northern Cross Country Championships	28th January 2017	Knowsley
Men's 12 Stage & Women's 6 Stage	25th March 2017	Haigh Hall, Wigan

National Road Relays - 8 October 2016, Sutton Park

Senior Men's 6 Stage

Only those clubs completing the Northern Six Stage Road Relay Championship will be nominated for entry to the 2015 A.A. of England Six Stage event at Sutton Park. Nominations will be strictly limited to the finishing order in the Northern event and the maximum number of places allowed.

The first 25 "A" teams to finish in the Northern event will qualify, "B" teams finishing in the first 25 will be allowed to enter but will not be eligible for awards.

Invitations will be sent out by email to qualifying clubs on Monday 26th September. The website will open for entries on Sunday 25th September and entries will close on **Wednesday 28th September**.

Senior Women and Young Athletes.

Entries for Women are limited to **two** teams per club, and are not limited for Young Athletes.

Entries are now open, and will close on **Thursday 24th September**.

Please note that entry to the National Road Relays is **online only** - Postal or telephone entries will **not** be accepted, and due to tight timescales **no late entries will be accepted under any circumstances**.

To enter go to www.raceentries.net or www.race-results.co.uk/results/2016, scroll down to the appropriate event, and click on the green Enter Now button.

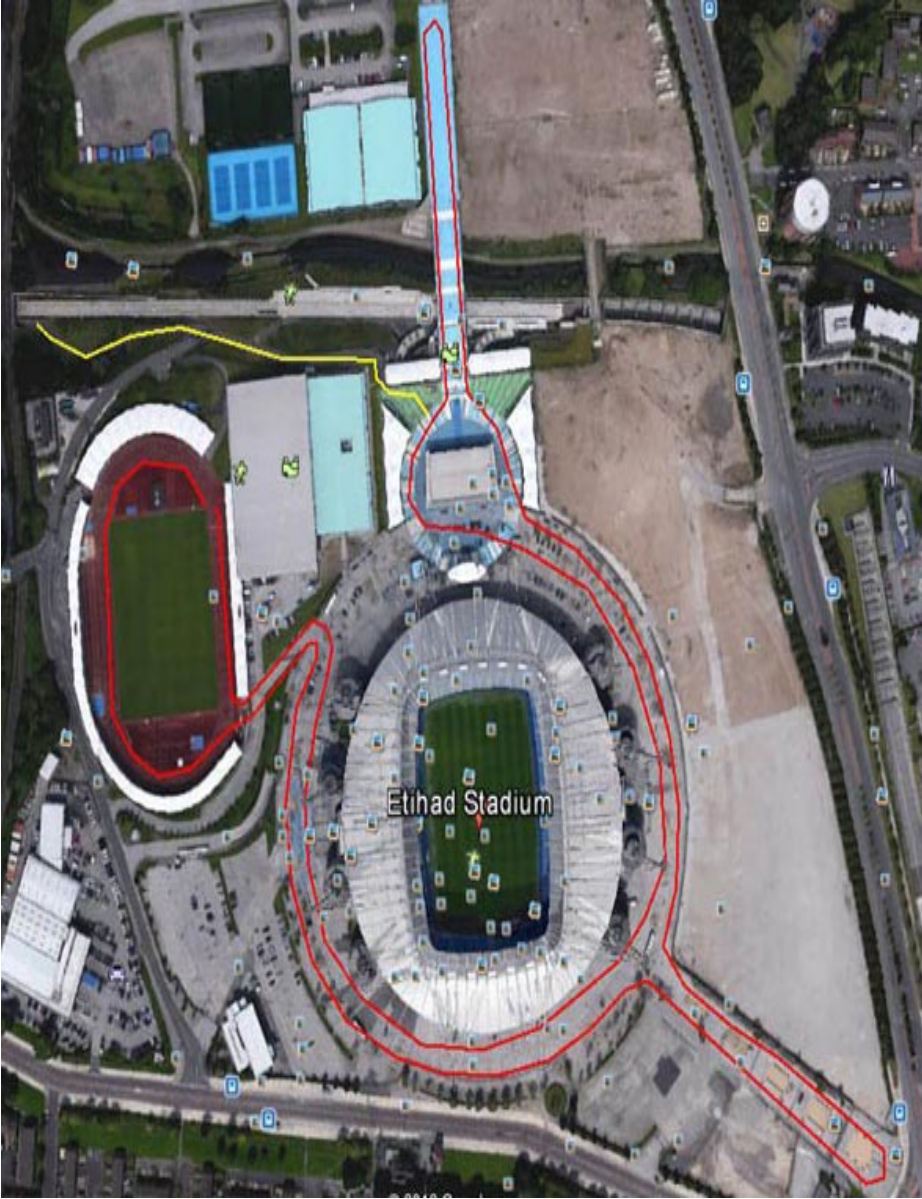
ACKNOWLEDGEMENTS

Northern Athletics would like to thank the following for their assistance and co-operation in the planning and preparation of these Championships.

Paul Barrett & members of Sale Harriers Manchester
Eastlands Trust and Manchester City Council
Lindsay Johnson
Sarah Holland & Staff of Sport City
Sportsoft

As always our particular thanks go to Start Fitness for their continuing support and to England Athletics. Please look out for the Start Fitness stand and pay them a visit.

COURSE MAP- UNDER 13 & U15 - 3.2k



Under 13 Boys

BLACKHILL BOUNDERS Duncan Hughes Haydn Jackson Scott Thompson	Black, 2 yellow diagonals Luke Middleton Adam Richards	team 1 Ethan Richards
BOLTON UNITED HARRIERS & AC Louis Greenhalgh Louie Johnson	Blue, white and yellow trim Ben Pickford	team 2
BROMSGROVE AND REDDITCH James Pickup Josh Robins	Red, 2 blue diagonals Tom Sanders	team 3
BURY ATHLETIC CLUB Jack Andrew Jay Cook Gilbert Vaughan	Black & white quarters Alistair Halstead Elliot Savage	team 4 Evan Savage
CHESTERFIELD & DISTRICT AC Harry Cocking Joseph Currie Finlay Grant Isaac Helps	Royal blue/white/navy Leo Eden William Foot	team 5 Nathan Gavaghan
CITY OF SHEFFIELD AND DEARNE A Harry Atkinson Tobey Baker Toby Moorwood James Walker	Blue & green George Bellamy Callum Collins	team 6 Ben Fuller
DERBY ATHLETIC CLUB Kai Andrews Ernie Creswell William Osullivan Corey Rose	White, green & red Jack Davies Luke Galland	team 7 Sunny Jamieson
E CHESHIRE HARRIERS & TAMESIDE AC Ryan O'Neill	Green & gold	team 8
GATESHEAD HARRIERS & AC Oliver Douglass Liam Eastaugh	White, red band Jack Garrett Ethan Mcglen	team 9 David Race
HORWICH R MI HARRIERS Harry Brierley Matthew Flatters Toby Middleton Lucas Milliken	Red & black Cian Healy Nathan Lancaster Isaac Simmonite	teams 10-12 Matthew Mair
KEIGHLEY & CRAVEN AC William Atkinson Sam Benson	Red & green hoops	team 13
LEEDS CITY ATHLETIC CLUB Samuel Clancy Barnaby Daccus	Royal blue, two yellow diagonal Ethan Hodgson	team 14
LEIGH HARRIERS & AC Zak Galvin Mihir Patel	White with green band Benedict Percival Samuel Wade	team 15 Josh White
LINCOLN WELLINGTON AC Ross Butcher Louis Greenwood Warren Limpkin Reuben Smith	White, red/black/red bands Ashwin Kumar Shane Lee Toby Williams	team 16 Luke Lenton
LIVERPOOL HARRIERS & AC Michael Bagnall Matthew Brennan Ewan Mcniven Gabriel Meehan Luka Sidebotham Harry Sweeney	Gold, blue liverbird badge Oisín Cody Daniel Green Louis Relph Ben Roach g Sword Charlie Teare	teams 17-20 Alex Kelly Jude Robinson
MORPETH HARRIERS & AC Jack Barrett Dylan Davies James Tilley Ben Walker	Royal blue, 2 white bands Reece Garrett Alex Porteous	team 21 Bobby Stone
PRESTON HARRIERS Gregor Anderson Thomas Barnes Vladimir Wiggins Ben Withers	Royal blue, white & red Tom Durney Hayden Middleton	teams 22&23 Ethan Warren

Northern Athletics Young Athletes Road Relays 2016

ROTHERHAM HARRIERS AND AC

Thomas Brailsford Joshua Gilbert
Daniel Andrew Shaw

Black & white

Samuel Gilson Daniel Hutson
Joshua Daniel Wragg

team 24

Jay Francis Jessop

SALE HARRIERS MANCHESTER

Thomas Boyd Harry Edmundson
Alex James Archie Mccarron
Charlie Tittensor

Green, 1 red & 2 white bands

Zac Gaillemin Matthew Hutchinson
Tom O'Brien William Parker

teams 25&26

Alexander Patten

SALFORD HARRIERS & AC

Samuel Bryan Joe Coggins
Charlie Mansfield Patrick Marsden

Red/diagonal white stripe

Malachy Cole Vincent Egbejobi
Dino Roiditis

teams 27&28

Sam Hopkins

ST HELENS SUTTON AC

Adam Beardsworth Harley Chadwick
Charlie Young Max Young

Red, black & white

Michael Dobson Daniel Johnson

teams 29&30

James Morris

STOCKPORT HARRIERS & AC

Leo Ferguson Alex Macfarlane

Gold with black trim

Cameron Murdoch

team 31

TRAFFORD ATHLETIC CLUB

Tom Bentall Oliver Choi
Nathaniel Morgan Owen Morgan
Ben Solomon Ben Solomon

White with blue & gold sash

Louie McCormack Max Mitchell
Louis Morrison Max Rarity

team 32

Kipp Moneymuter
Joseph Read

TRAWDEN ATHLETIC CLUB

Harry Beechey C Rowlandswhiteo

Black and white stripes

Joe Simms Ronnie Smith

team 33

VALE ROYAL AC

Will Ashfield Dylan Carney
Matthew Gilbert Lewis Gray

Blue and yellow quarters

Will Clark Wilf Dight
Patrick Griffith Ivan Karpusheff

teams 34&35

Matthew Gilbert
James Lanni

WARRINGTON AC

William Bainbridge Reece Connell
Finlay Smith

Red

D Hartland Rhys Hopkins

teams 36&37

Gareth McCloye

WIRRAL AC

Finlay Austin Ethan Bradyjones
Joshua Hale Daniel Hayes

2 green hoops on white

Ryan Charles Jamie Dumbarton
Matthew Keenan Joseph Ryan

teams 38-40

Joseph Fountain
William Sutcliffe

RESULTS:

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

Under 13 Girls

BIRTLEY AC Amy Drummond Katie Francis	Royal blue/yellow side panels Tess Graham Scarlett Newby	teams 46&47 Abigail Thwaites
BLACKHILL BOUNDERS Erin Bowyer Hannah Bowyer Alix Walton	Black, 2 yellow diagonals Lorna Carvell Corinn Mcdonald	team 48 Madison Mitchell
BURY ATHLETIC CLUB Grace Gibson Ella Hall	Black & white quarters Erin Kenyon Freya Potts	team 49
CITY OF YORK AC Daisy Jackson Inez Khaddi	Green & black Kitty Townend Tierney Walsh	team 50
DERBY ATHLETIC CLUB Eliza Bould Sarah Bourne Amy Rouse	White, green & red Eveline Clewes Valentina Costa	team 51 Evie Jones
E CHESHIRE HARRIERS & TAMESIDE AC Christie Allen Rose Barlow	Green & gold Libby Kilbourne Katherine Waters	team 52
HALLAMSHIRE HARRIERS SHEFFIELD Katie Adams Lois Blake Mo Martin Maddison Mills	Red & white Madeleine Davey Zena Hartley Annie Naylor Maggie Naylor	teams 53&54 Emily Hunter Katie Stowers
HOLMFIRTH HARRIERS AC Elena Inch Libby Pringle Ruby Yates	Amber, black badge on front Isobel Richardson Mollie Scaramuzza	team 55 Amelie Stewart
HORWICH R MI HARRIERS Merritt Isabella Alyssia Jackson Freya Whittle	Red & black Lydia Johnson Milly Lever	teams 56&57 Ella Pendlebury
KEIGHLEY & CRAVEN AC S Bairstow Niamh Conroy	Red & green hoops Scarlett Metcalfe	team 58
LEIGH HARRIERS & AC Jessica Barlow Faye Bayman Megan Short	White with green band Grace Craddock Olivia Galvin	team 59 Melissa Ince
LINCOLN WELLINGTON AC India Barwell Alicia Carchedi Savana Roslingcook	White, red/black/red bands Emily Crookes Madison Green Lucie Thorp Isabella Vinter	team 60 Sophie Knapp Darcie Wilkinson
LIVERPOOL HARRIERS & AC I Blakemoreclark Isabelle Dallas Amber Escoffrey s Fanede Hannah Johnson Rebecca Johnson Maisie Nicholls Erin O'connell Jessica White	Gold, blue liverbird badge Tamzin Dentith Lauren Duthie Jennifer Grant Olivia Holmes Isobel Leadbetter Isabel Leyland Faye O'hare Jemma Scora	teams 61-67 Andrea Ellinas Mia Ireston Connie Moran Poppy Smith
MANCHESTER HARRIERS & AC Evelyn Barber Violet Claxton Louisa Stiles	Royal blue & red Emma Davies Sophie Kilpatrick	teams 68&69 Molly McCormack
PRESTON HARRIERS Imogen Blackwell Gracealison Brown Emily Reynolds Scarlett Sutton	Royal blue, white & red Esmae Harkins Faye Houghton Jessica Watson Grace Wignall	teams 70-72 Emilyrose Mayson
ROTHERHAM HARRIERS AND AC Nyah Barlow Millie Hardwick Romany Tune	Black & white Megan Harpham Ruby Hewitt	team 73 Lauren Senior

Northern Athletics Young Athletes Road Relays 2016

SALE HARRIERS MANCHESTER

Nieve Barton Niamh Boyd
Olivia Herron Elizabeth Hill
Katie Stringer Ava Taylor

SALFORD HARRIERS & AC

Lucy Aplin Amelia Bratt
Erin Grime Nicola Mason
Sophie Smith

STOCKPORT HARRIERS & AC

Amy Battle Caitlin Harkness
Hannah Sullivan Ella Taylor

TRAFFORD ATHLETIC CLUB

Amelia Carr Lauren Howley

TRAWDEN ATHLETIC CLUB

Holly Crook Amelia Dugdale
Sophie Stanworth Abigail Stratton

TYNE BRIDGE HARRIERS

Lauren Bird Anna Blenkinsop
Hannah Meares Abigail Noone

VALE ROYAL AC

Alisha Archer Keira Booth
Grace Roberts Kate Sherry

WAKEFIELD DISTRICT H & AC

Brodie Ashton Susanne Brooke
Harriet Metcalfe Emily Plimmer

WARRINGTON AC

Maisie Bell Meg Corker
Jasmine Jones Ashley Nemits

WEST CHESHIRE ATHLETIC CLUB

Abigail Cartwright Imogen Pughe

WIRRAL AC

Belinda Bailham Heidi Bailham
Ellenmary Kearney Scarlett Liddy

Green, 1 red & 2 white bands

Isabelle Burke Erin Donnelly
Hermione Mason Olivia Nolan
Grace Tonge Olivia Wise

Red/diagonal white stripe

Isobel Cammish Claudia Cook
Anna Potter Emily Russell

Gold with black trim

E Hulley Charlotte Kania

White with blue & gold sash

Sadie Mannion Olivia Russell

Black and white stripes

Hannah Eccles Ellie Singleton

White & black

Hannah Cowan Kirsten Dotchin
Amelia Short Eve Tovey

Blue and yellow quarters

Faye Conboy Tilly Gibbs
Anna Smiles Thea Smith

White, 2 emerald green hoops

Lavinia Gavaghan Amy Hunt
Summer Spence

Red

Evavictoria Ferris Orla Gregory
Rebecca Nixon

Purple with gold trim & writin

Luca Pyne

2 green hoops on white

Keira Bradyjones T Bradyjones
Gina Nuttall Zara White

teams 74-77

Taylor Edwards
Dids Parish

teams 78-80

Maya Croasdaile
Natalya Russell

team 81

Daisy Keigher

team 82

Emily Wolstencroft

teams 83&84

Paige Singleton

team 85

Amber Matthews

teams 86-88

Lizzy Gregory
Holly Weedall

teams 89&90

Erin Hunt

teams 91&92

Isobel Houghton

team 93

teams 94-96

Charlotte Crompton

RESULTS: Race _____

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

Under 15 Boys

BLACKBURN HARRIERS & AC		Blue & white		team 101
Daniel Brown	Solomon Brown	Sam Hodgkinson	Luke Ingleson	Ethan Joyce
Bradley Meikleham	Charlie Obank	M Ramsden	Leon Thomas	
BOLTON UNITED HARRIERS & AC		Blue, white and yellow trim		team 102
Adam Akik	Cameron Donnelly	Jack Willets		
BURY ATHLETIC CLUB		Black & white quarters		team 103
Oliver Donnelly	Stefan Kalambouka	Francis Woodcock		
CHESTERFIELD & DISTRICT AC		Royal blue/white/navy		teams 104&105
Sam Allen	Mikey Broomhead	Dan Brown	Oscar Cousins	Toby Gill
Thomas Morley	Harry Mustafa	Tom Spencer	William Tighe	
CITY OF SHEFFIELD & DEARNE AC		Blue & green		team 106
Sam Bowles	James Hawkins	Samuel Roberts	I Rushworth	Kieran Street
Alexander Tait				
CITY OF YORK AC		Green & black		team 107
Joshua Dickinson	Kieran Dowzer	Thomas Hayes	Finnion Hutchinson	Archie Wright
DERBY ATHLETIC CLUB		White, green & red		teams 108&109
Ethan Barr	Jude Bush	Sam Glossop	Oliver Holford	Jake Martin
Thomas Silcock	Shay Tarbit	Joe Woodhead	Thomas Wright	
DURHAM CITY HARRIERS & AC		Orange		team 110
Ben Donaghy	Samuel Gibson	Gabriel Mccall	Adam Ord	Izaak Taylor
Cameron Thomas				
E CHESHIRE H & TAMESIDE AC		Green & gold		team 111
Jack Blodwell	Callum Brierley	Jake Smith		
HORWICH R MI HARRIERS		Red & black		team 112
Luke Brindle	Kieran Kinealy	Thomas Massey	Robert Seddon	Lewis Wilkes
KEIGHLEY & CRAVEN AC		Red & green hoops		team 113
Fergus Knappy	Jacob Midgeley	Rhys Watmough		
KENDAL AMATEUR ATHLETIC CLUB		Green with red trim		team 114
Josh Roelants	Jacob Smith	Joey Umpleby	Toby Umpleby	
LEEDS CITY ATHLETIC CLUB		Royal blue, two yellow diags		teams 115&116
Joseph Clancy	Tommy Dawson	Eddie Hunter	Ethan Hussey	Thomas Mills
LEIGH HARRIERS & AC		White with green band		team 117
Joel Denton	Elliot Livingston	Ben Mclaughlin	Shea Mellor	Nathan Myers
Josef Short	Lucas White			
LINCOLN WELLINGTON AC		White, red/black/red bands		team 118
Nathan Allum	William Beckett	Lloyd Buck	Lewis Budgen	Joseph Green
Felice Molinaro	Arlo Southwell	Joseph Stables	Jack Stocks	
LIVERPOOL HARRIERS & AC		Gold, blue liverbird badge		teams 119&120
Matthew Chauman	Anthony Cook	Ethan Flaherty	Sam Flaherty	Jamie Ford
Sam Roach				
MORPETH HARRIERS & AC		Royal blue, 2 white bands		team 121
Sam Bradley	Brad Brown	Ross Charlton	Thomas Cunningham	
Daniel Dixon	Andrew Hudspith	Daniel Melling	Owen Priest	
PRESTON HARRIERS		Royal blue, white & red		teams 122&123
Liam Blackwell	Matthew Fazakerley	Joseph Gaughan	Euan Marsden	Ben Preddy
Thomas Roberts	Isaac Sharples			

Northern Athletics Young Athletes Road Relays 2016

ROTHERHAM HARRIERS AND AC

William Beaton Darnell Joseph
Bailey Stead Jackpaul Steele

Black & white

Howard Kniveton Matthew Pagdin

team 124

Mathew Shaw

SALE HARRIERS MANCHESTER

A Armstrongbond Jed Bailey
David Eroine John Gilbert
John Lewis Oscar Mccarron
Joel Stringer

Green, 1 red & 2 white bands

Joe Blakemore Jacob Corrie
Samuel Heyworth Charlie Hobson
Lewis Rowlinson G Safranauskas

teams 125&126

William Dixon
Bailey Hulse
Zak Stiller

SALFORD HARRIERS & AC

Oliver Cook Sean Cusack

Red/diagonal white stripe

Lewisjarrod Royle Charlie Thomas

teams 127&128

Jacob Yates

ST HELENS SUTTON AC

Michael Brussels Liam Houghton

Red, black & white

Charlie Roberts

team 129

STOCKPORT HARRIERS & AC

Ben Batho Edward Corden
F Walsh Jacob Wooddoyle

Gold with black trim

Drewadams Evans Fares Ibrahim

teams 130&131

Joseph Phibin

TRAFFORD ATHLETIC CLUB

Alexander Bailey Louis Baker
Seb Patrick Ed Rushton

White with blue & gold sash

Joseph Bentall Charlie Jones
Matthew Torkington Ben Turner

teams 132&133

Joseph Mangan
Cynog Williams

VALE ROYAL AC

Alfie Bould Alfie Dexter
James Griffith Charlie Humphreys
Edward Pettitt Edward Smiles

Blue and yellow quarters

Aaron Doyle Samuel Evans
Alex Humphries William Mckay
Nathan Stapleton Sam Washington

teams 134-137

Charlie Fawkes
William Mckay
Harper Whitehead

WAKEFIELD DISTRICT H & AC

Josh Dawson Callum Gaunt

White, 2 emerald green hoops

Bailey Mann

team 138

WARRINGTON AC

Isaaq Ataullah Joseph Buckley
Joseph Roberts

Red

Lucas Hayes Thomas Hurrell

team 139

Jordan Jones

WIRRAL AC

William Atherden Matthew Edwards
Harry Martin Jacob Quarmby

2 green hoops on white

F Izquierdoberna Finan Johnston
Jackson Sloan Joe Spence

teams 140-142

Louis Johnston

RESULTS: Race _____

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

Under 15 Girls

BIRTLEY AC Sophie Bell Chloe Fairclough	Royal blue/yellow side panels Eve Southern	team 151
BOLTON UNITED HARRIERS & AC M Erzanessian Francesca Fordham	Blue, white and yellow trim Molly Philbin	team 152
BURY ATHLETIC CLUB Ellie Carter Worthington Daisy	Black & white quarters Heledd Rimmer Speakmanfarnworth	team 153
CHESTERFIELD & DISTRICT AC Lily Barnes Elizabeth Seddon	Royal blue/white/navy Louise Cocking Abbie Darnell	team 154 Bronwyn Lessiter
CITY OF SHEFFIELD AND DEARNE Grace Edwards Caitlin Rimmer	Blue & green Lola Fowler E Robbinswilkinson	team 155 Ella Mchale Mollyanne Welton
CITY OF YORK AC Martha Caltonseal Holly Moss	Green & black Georgia Neary	team 156 Gabby Metz Tilia Wood
DERBY ATHLETIC CLUB Helen Bourne Jasmit Garcha	White, green & red Molly Hudson	team 157 Amy Morse Angelica Oparinde
E CHESHIRE H & TAMESIDE AC T Brockleylangford Darcy Winrow	Green & gold Holly Jackson	teams 158&159 Megan Lewis Abby O'neill
HALLAMSHIRE HARRIERS Holly Booker Sophie Oliver Laura Trask	Red & white Eve Crownshaw Ellie Rogers	teams 160&161 Jodie Hill Kira Round Monica King Isobel Snowdon
HOLMFIRTH HARRIERS AC Frances Keddie Millie Yates	Amber, black badge on front Alice Shelbourne	team 162 Sunnivah Waterman
KEIGHLEY & CRAVEN AC Katie Atkinson Eve Crossley	Red & green hoops Emma Thompson	team 163
KENDAL AMATEUR ATHLETIC CLUB Abbie Allan Stephanie Driscoll	Green with red trim Ruby Frankland	team 164 Melissa Sproul
LEIGH HARRIERS & AC Olivia Anderson Megan Ridge	White with green band Emma McIntyre	teams 165&166 Katie Morley Rebecca Pollitt
LINCOLN WELLINGTON AC Imogen Barker E Thompsonmoulding	White, red/black/red bands Ellanor Brown Hazel Williams	teams 167&168 Hannah Brown Madeleine Wood Olivia Hyslop
LIVERPOOL HARRIERS & AC Alana Brennan Emma Gordon	Gold, blue liverbird badge Daisy Cornell Katie Miller	teams 169-171 Niamh Donnelly Elizabeth Pedersen Abby Fortune
MACCLESFIELD HARRIERS & AC Josephine Elliot Shona Williams	Maroon with silver stripe Samantha Kyriacou	teams 172&173 Stephanie Moss Lauren Robinson
MANCHESTER HARRIERS & AC Grace Decampos Alice Stiles	Royal blue & red Georgia Fazakerley Beth Taylor	teams 174&175 Alice Jones Katie Moss Beth Smyth
MORPETH HARRIERS & AC Ellie Coxon Lauren Cummings	Royal blue, 2 white bands Lily Heaton	team 176 Holly Peck

Northern Athletics Young Athletes Road Relays 2016

PRESTON HARRIERS

Emmajanina Craven Kate Danby
Darcey Lonsdale Caitlyn Preddy

Royal blue, white & red

Alissa Darbyshire Annabel Duffy
Sophie Reid Lucy Treaddell

teams 177-179

Emma Fulton

ROTHERHAM HARRIERS AND AC

Emmajane Ball Lucy Elliott
B Mount Ciara Mullane
Stroughar

Black & white

Grace Harris Leah Hayward
Keiva Rennocks Keira Sampson

teams 180-182

Erin Lonsdale
Abbyrose

SALFORD HARRIERS MANCHESTER

Molly Atherton Tiarae Barton
Laura Hole Bethany Thornton

Green, 1 red & 2 white bands

Anouska Brooks Alyssa Davey
Alice Tonge Penny Townsend

teams 183-185

Mia Gibbons
Elizabeth Twite

SALFORD HARRIERS & AC

Freya Coggins Evie Collier
Rebecca Royle Freya Stott

Red/diagonal white stripe

Abigail Delaney C Haywoodpercival Samantha Mason

team 186

STOCKPORT HARRIERS & AC

Mana Aljanabi Lauren Burgess
N Moore Chloe Rogers

Gold with black trim

Mollie Cooke Lara Coulter
Eveieleanor Wild

teams 187&188

Issy Meats

TRAFFORD ATHLETIC CLUB

Abbie Holbrook Shivani Kapoor

White with blue & gold sash

Marnie Mannion Katherine Mcminn

team 189

Rebecca Young

VALE ROYAL AC

Ella Booth Isabelle Davies
Francesca Harris Kasey Jaffrey
Lucy Smith

Blue and yellow quarters

Lydia Davies Holly Dooley
Beth Latham Cerys Pilliner

teams 190-193

Megan Ellison
Holly Smith

WAKEFIELD DISTRICT H & AC

Abbey Brooke Yasmin Moorehead

White, 2 emerald green hoops

Emma Preston Lauren Rayner

team 194

C Wigglesworth

WARRINGTON AC

Natalie Charnun Olivia Doodson
Emily Jackson Lucia Meloni

Red

Siobhan Gregory India Hayes

team 195

Fay Humphries

WIRRAL AC

Cathrine Gallagher Ella Head
Molly Williams

2 green hoops on white

Lucy Hignett Isabel Hodder

teams 196&197

Rachel Hurst

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

Under 17 Men

BLACKHILL BOUNDERS Joe Bousfield Thomas Carvell	Black, 2 yellow diagonals Owen Young	team 201
BURY ATHLETIC CLUB Alexander Bennett Marcus Dey George Yates	Black & white quarters Curtis Johnstone Oliver Makinson	team 202 Jack Smith
CHESTERFIELD & DISTRICT AC Sam Allen Jacob Buckley Joseph Houghton Alexander Kirkland	Royal blue/white/navy Jacob Cousins Alex Ediker Elliot Meylan	teams 203&204 Dylan George
CITY OF SHEFFIELD & DEARNE AC David Byrne Matthew Fuller Alfie Manthorpe Finn Moffett	Blue & green Connor Henderson Thomas Lee Lukejames Newell J Newmanbillington	teams 205&206 Magnus Linn Julian Slater
CITY OF YORK AC Alex Botterill Maurice Caltonseal Nathan Smith	Green & black Elliot Hutchinson Angus Mcmillan	teams 207&208 Luca Parker
DERBY ATHLETIC CLUB Tobian Catsburg Daniel Evans	White, green & red Nicholas Phillips Luke Ward	team 209
DURHAM CITY HARRIERS & AC Cameron Allan Ben Horsfield Zac Renwick Cameron Stainsby	Orange Raphael Mccall W Morganrippon Jacob Stephenson Michael Wade	team 210 Luke Pickering
E CHESHIRE H & TAMESIDE AC Nathan Barlow Paolo Guarnieri John Trotman	Green & gold Keenan Owen Callum Rhodes	team 211 Jacob Taylor
KEIGHLEY & CRAVEN AC Ryan Watmough	Red & green hoops	team 212
KENDAL AMATEUR ATHLETIC CLUB Alexander Birkett Cole Blaikie	Green with red trim Luke Bowen Jack Brench	team 213
LEIGH HARRIERS & AC Ethan Jones B Livingston	White with green band Kristian Wade Joseph Wane	team 214
LINCOLN WELLINGTON AC Kieran Gillespie Robert Hodgkison Odin Turner Harrison Wood	White, red/black/red bands Archie Richardson Jack Rushby	team 215 Oliver Stocks
LIVERPOOL HARRIERS & AC Max Brame Kyle Dentith Owen Simpson Connor Tighe	Gold, blue liverbird badge Joseph Ford Andrew Grant	teams 216&217 Daniel Preston
MANCHESTER HARRIERS & AC Luke Doleman Matty Fox	Royal blue & red Ben Skertchly Rocco Zamanbrowne	team 218
MORPETH HARRIERS & AC Josh Burton Alex Cunningham Jordan Hedgecock Kieran Hedley Adam Shewry Matthew Waterfield	Royal blue, 2 white bands Joseph Dowd Jamie Duguid Rory Leonard Liam Marsh	teams 219&220 Taylor Glover Connor Marshall
PRESTON HARRIERS Louis Barrow Kieran Dunn Adam Roberts Byron Sowerby	Royal blue, white & red Nathan Dunn Matias Grixti Dean Tierney	teams 221&222 Niall Higham
ROTHERHAM HARRIERS AND AC Sam Picton Jack Stokes	Black & white Liam Swann Matthew Walker	team 223 Aaronlee Wickson

Northern Athletics Young Athletes Road Relays 2016

SALE HARRIERS MANCHESTER

Jacob Birtles Harry Boyd
 Charlie Goddard Jacob Goode
 Matthew Williams Jack Williamson

Green, 1 red & 2 white bands

Charlie Candlish Luke Chesters
 Kian Lindsey Aidan Stirrup

teams 224&225

Shaun Gee
 Michael Whitham

SALFORD HARRIERS & AC

James Critchley Adam Curtis

Red/diagonal white stripe

Patrick Cusack Louis Hopkins

teams 226&227

F Teklehaimanot

TRAFFORD ATHLETIC CLUB

Abel Ashby Colin Daly
 Xavier O'hare Raphael Quirke
 Jack Wilkinson

White with blue & gold sash

Connor Fazakerley Mikey Kingston
 George Rushton Joseph Tang

teams 228&229

Rushwan Lewis
 Elliott Wilkinson

VALE ROYAL AC

Charlie Dexter Harry Dexter
 John Humphries Benjamin Lee

Blue and yellow quarters

Arun Dight Alexander Doyle
 Luke Mills Curtis Rodway

teams 230-232

Jonathan Duffy
 Oliver Waring

WAKEFIELD DISTRICT H & AC

Thomas Allen Mark Bostock
 Charles Lea

White, 2 emerald green hoops

Sam Dawson Liam Grosse

team 233

Matthew Hill

WARRINGTON AC

Daniel Fox Luke Gamble

Red

Sam Rostron Jack Stubbings

team 234

WIRRAL AC

Matthew Arnold Jacob Brophy
 Arran Kearney leuan Kearney
 Samuel Tempest Joe Wigfield

2 green hoops on white

Maxalexander Clark Jonathan Head
 Daniel Nuttall Michael Rooke

teams 235-238

Martin Hurst
 Tom Spence

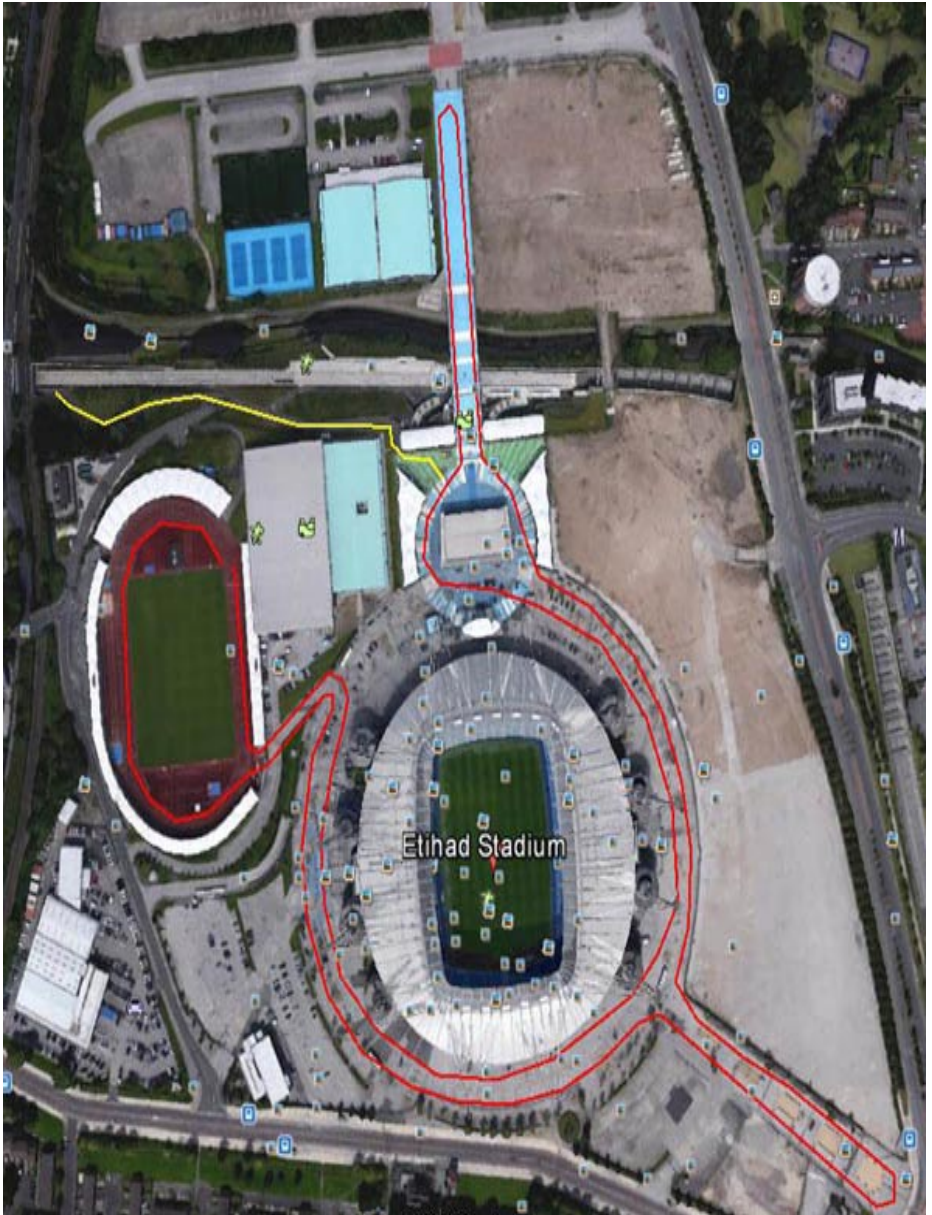
RESULTS: Race _____

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

COURSE MAP- UNDER 17

Includes yellow extension - out and back



Under 17 Women

BIRTLEY AC Grace Curtis Amy Jack	Royal blue/yellow side panels Hannah Short	team 241
BLACKBURN HARRIERS & AC Freya Black Hannah Cookson	Blue & white Maddie Elliott Natalya Irvine	team 242
BLACKHILL BOUNDERS Faye Bousfield Brooke Mcdonald	Black, 2 yellow diagonals E Middlemas	team 243
BOLTON UNITED HARRIERS & AC Rachel Bailey Maya Erzanessien	Blue, white and yellow trim Ellie Forrest Leah Rushworth	team 244
CITY OF YORK AC Georgia Rothwell Lara Sterritt	Green & black Harriet Wright	team 245
DERBY ATHLETIC CLUB Megan Bould Jasmine Cooper Sarah Seal Helena Shapton	White, green & red Kaisha Dawber Ella Ingram Lauren Wilcox	team 246 Alexandra Kiltie
HALLAMSHIRE HARRIERS Molliemae Crump Aimee Hill	Red & white Saskia Huxham	team 247
HOLMFIRTH HARRIERS AC Juliette Branford Lizzie Deacon Annie Stone Ellie Sunman	Amber, black badge on front Cara Inch Amy Kettlewell	team 248 Libby Shepherd
KEIGHLEY & CRAVENAC Tegan Knappy Laura Knowles	Red & green hoops	team 249
KENDAL AMATEUR ATHLETIC CLUB Samantha Bland Imogen Gorst	Green with red trim Daisy Holister Jemma Litzke	team 250 Mia Senior
LEIGH HARRIERS & AC Klaudia Lekki Eve Williams	White with green band	team 251
LINCOLN WELLINGTON AC Megan Bennett Summer Benson	White, red/black/red bands Clea Butcher Amy Hewson	teams 252&253 Lucy Thornton
LIVERPOOL HARRIERS & AC Jessica Cook Faye Ireland Lucy Miller Jade Morgan Isobel Stjohn Bethan Strange	Gold, blue liverbird badge wilson Anna Lea Emily Lucas Aimee Pierce Millie Raine	teams 254-257 K Martindale Daisy Smith
MANCHESTER HARRIERS & AC Beth Barlow Katie Cooper	Royal blue & red Chloe Davies Emily Hughes	teams 258&259 Eleanor Kenny
PRESTON HARRIERS Charlotte Crook Blythe Fourie Ella Moulding Hannah Mulholland	Royal blue, white & red Oliviajade Garratt Teganjane Macuras Sophie Rotherham Eleanor Ward	teams 260&261 Charlotte Morris
ROTHERHAM HARRIERS AND AC Ellis Jackson Annabel Johnson	Black & white Cyane Robinson Mya Taylor	team 262
SALE HARRIERS MANCHESTER Francesca Brint Josie Canham Niamh Nugent Eleanor Twite	Green, 1 red & 2 white bands Claudia Cowan Olivia Green Chiara Young	teams 263&264 Georgia Haworth
SALFORD HARRIERS & AC Caitlin Dunphy Sophie Harrison Lucy McMullen Holly Peltier	Red/diagonal white stripe L Haywoodpercival Catherine Hooper Molly Pike	teams 265-267 Rebecca Mason

Northern Athletics Young Athletes Road Relays 2016

STOCKPORT HARRIERS & AC

Georgiamae Bourke Emily Coggin
 Natasha Harrison Clara Jarvis
 Sofia Tavini Abigail Wooddoyle

Gold with black trim

Jessica Connors Heather Corden
 Rebecca Jones Hannah Richardson

teams 268-270

Emilia Gajda
 Naomi Sinclair

VALE ROYAL AC

Esme Bridge Heidi Coles

Blue and yellow quarters

Georgina Denham Caitlin Dimmick

team 271

WAKEFIELD DISTRICT H&AC

India Elliott Holly Kitching

White, 2 emerald green hoops

Poppey Thorpe

team 272

WARRINGTON AC

Melissa Boyer L Ferris
 I Trevithick Elizabeth Wright

Red

Lauren Goddard Chloe Mason

teams 273&274

Amy Nuttall

WIRRAL AC

Phoebe Croft Erine Davies
 Katie Thompson

2 green hoops on white

Juliet Hodder Lucy Lefeuvre

teams 275&276

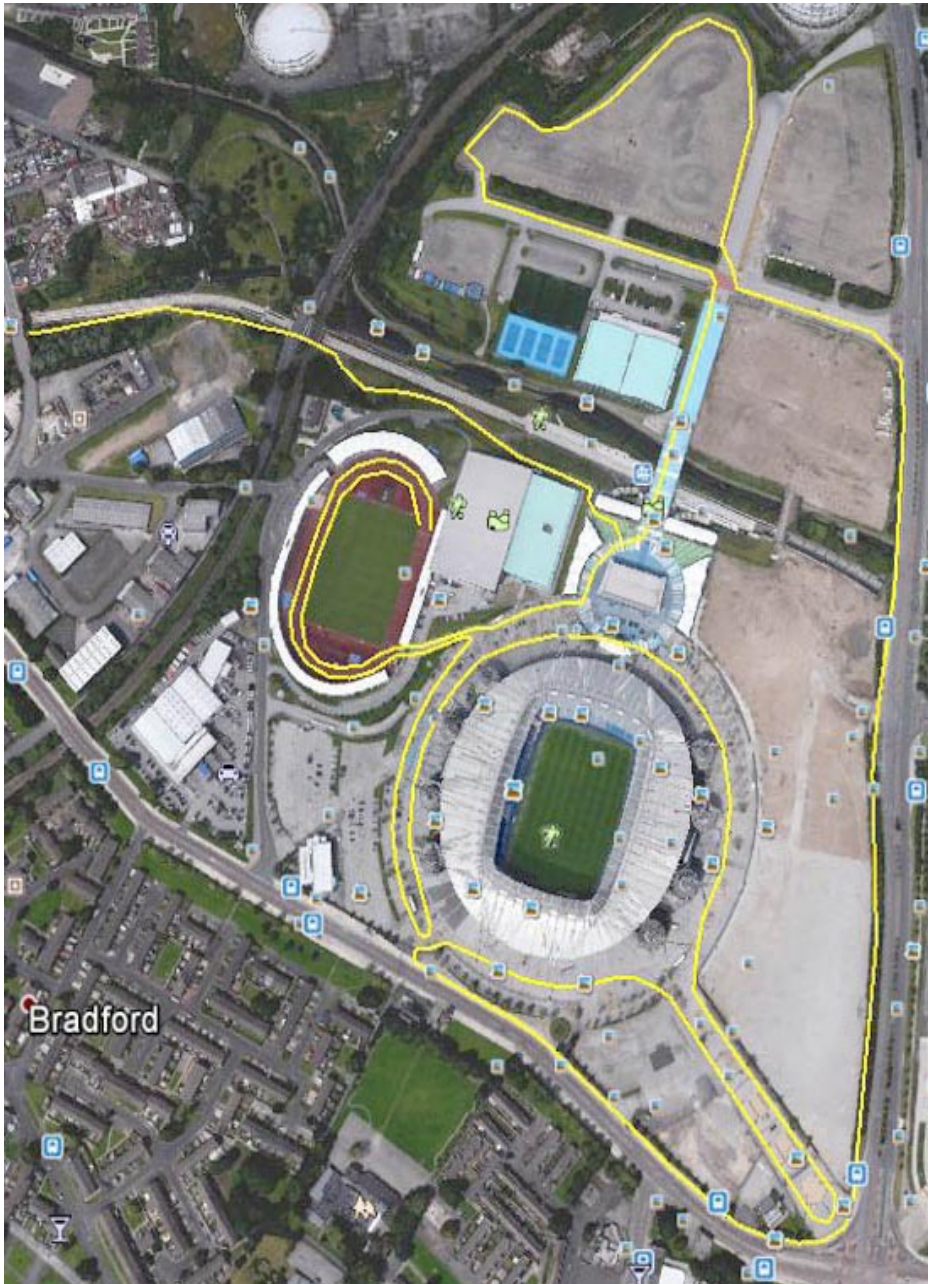
Natasha Rafique

RESULTS: Race _____

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Total		: :	

COURSE MAP- SENIOR WOMEN



Northern Womens 4 Stage Road Relay Championship 2016

ALTRINCHAM & DISTRICT AC

Lora Blann Margaret Bullock
Carole Harrison Beverley Jackson
Steph Thompson Alison Vesey

Yellow with red panel

Annette Campbell Fiona Cosgrove
Heather Johnson Annemarie Jones

team 201

Laura Fairhurst
Jane Nicholson

BARNESLEY ATHLETIC CLUB

Anne Bennett Sarah Bradley
Linda Westlake

Turquoise with red trim

Nicky Green Beth Massey

team 202

Zoe Mitchell

BIRTLEY AC

Val Baxter Sophie Burnett
Ruth Dadswell Lorna Graham
Joanne Newby Chloe Price
Robyn Waugh Stephanie Young

Royal blue/yellow side panels

Philippa Chambers Danielle Coulson
Amber Leigh Marie Liddell
Lisa Short Lydia Turner

teams 203&204

Shannel Curtis
I Millmore (nee.
Kate Waugh

BLACKBURN HARRIERS & AC

Lindsay Davies Carly Edwards
Samantha Murray Kaylie Panaro
Sarah Toms Rachel Wood

Blue & white

Annabel Farrar E Greenwood
Carol Reilly Kelsey Rutherford

teams 205&206

Grace Handley
Shelley Tattersall

BLACKHILL BOUNDERS

Maresa Bell Stacey Bell
Sarah Lister Becky Morning

Black, 2 yellow diagonals

Angela Bowyer Dianne Henaghan
Amanda Phillips Julia Young

team 207

Rebecca Kay
Lauren Young

BLACKPOOL WYRE & FYLDE AC

Caroline Betmead Anastasia Bligh
Kirsty Holland Emily Japp
Andrea Smith Beverley Wright

Orange, black & white

Annie Bradshaw Laura Gilderdale
Alicia Johnson Ellen Mclachlan

team 208

Lauren Gowland
Jessica Rogers

BOLTON UNITED HARRIERS & AC

Nicola Cartridge Katie Eckersley
Katie Oakley

Blue, white and yellow trim

Rebecca Kay Olivia Kearney

team 209

Mercedes Mercer

BORDER HARRIERS & AC

Kathryn Douglas Abbie Hetherington
Rhiannon Silson Fiona Smith

Orange with black diagonal

Victoria Johnston Clare Mckeown

team 210

Carolyn Millican

BURY ATHLETIC CLUB

Lauren Booth Nicola Brown
Caitlin Cole Katie Geelan
Sophie Whittaker Jenny Yates

Black & white quarters

Katie Buckley Donna Cartwright
Nicola Harland Lucymarie Hodson

teams 211&212

Elizabeth Cheshire
Elizabeth Howard

BUXTON & DISTRICT AC

Katie Ardern Jo Bednall
A Fitzgerald H Fryerwinder
Kate Phillips Helen Thornhill

Dark blue/light blue

Shannon Booth Sheila Bradley
Kate Ledin Annabelle Mottram

team 213

Amy Clark
Elizabeth Nocton

CHORLTON RUNNERS

Hannah Ahle Leona Beaumont
Megan Harris Lis Kilcourse
Victoria Thompson Emma Tollefson

Black

Rebecca Deeran Niamh Gill
Lorraine Pang Samantha Pearson
Alison Wainwright Rosalyn Webster

teams 214-216

Kerrie Harris
Stephanie Stevens

CITY OF HULL AC

Naomi Bright Tinamarie Brown
Lorna Fallon Hannah Harne
Sophie Lee Jackie Lord
Helen Penn Nicole Peters
Corinna Turner Niki Whitaker

Purple & white

Lucy Chrost Tania Cream
Lucy Khan Judith Lawtey
Ellen Messingham Cheryl Oakshott
Fiona Robinson Carla Stansfield

teams 217-219

Katie Dunn
Rebecca Lawtey
Keri Pearson
Mitch Trainor

CITY OF SHEFFIELD AND DEARNE

Beth Ansell Anina Atkinson
Caroline Fuller Georgia Hird

Blue & green

Evie Brailsford Donna Claridge
Sonia Lee Janita Maraanan

team 220

Jenny Doyle
Eve Pound

Northern Womens 4 Stage Road Relay Championship 2016

CLAYTON LE MOORS HARRIERS

Donna Airey Amanda Duffy
Orlaith O'mahony Louisa Powell

White, tangerine & black

Laura Hesketh Helena Leathley
Angela Shian Danielle Walker

teams 221&222

Elizabeth Mullan
Natalie Wright

DERBY ATHLETIC CLUB

Tracey Greenway Sarah Holford
Natalie Weir Jennifer Willison

White, green & red

Bethan Hudson Rachel Olivant
Vesleska Wills

team 223

Steph Spencer

DERWENT AC COCKERMOUTH

Antonia Skelton Debbie Walker

Purple with gold diagonal

Elizabeth Watson Vivienne Winter

team 224

EAST HULL HARRIERS & AC

Ann Allen E Brackstone
Jayne Earle Anthea Eskrett
Zaremba Magdalena
Kerry Young

Red

Alison Burnett Mandy Davison
Kadi Huart Debbie Jacketts
Tina Wigglesworth Janice Wilcock

teams 225-227

Jennifer Deyes
Huart Kadi
Kirsty Wilson

HALLAMSHIRE HARRIERS

Elizabeth Adams Hatti Archer
Mary Mccarthy Ruth Ross
Charlotte Ward Pippa Wilkie

Red & white

Hannah Fletcher Lilly Fletcher
Charlotte Slack Nicola Squires
Imani Wilson Zanthé Wray

teams 228&229

Natalia Hackett
Caitlin Tevendale

HOLMFIRTH HARRIERS AC

J Bailey Taylor Helen Berry
Helena Croft Katherine Farquhar
Helen Pettit Hilary Robinson
Ann Smith Daisy Smith
Olivia Sykes Ruby Sykes
Waterman Jen Wolstenholme

Amber, black badge on front

Erica Byram Lucy Byram
Lucy Farquhar Deborah Hall
Emma Serjeant Jean Shotter
Lorraine Smith Zoe Storr
Lucy Verrill Katie Walshaw
Liz Woodfield

teams 230-232

Dinah Coggon
Jordan Mullinger
Karen Sinkinson
Margaret Sykes
Harmonie

KNOWSLEY HARRIERS

Cara Bartlett Anja Dunsch
Katie Pownell Sarah Spall

White & red

Susan Hamley Catherine Howard
Sarah Wright

teams 233&234

Michelle Parker

LANCASTER & MORECAMBE AC

Hannah Bateson Tracey Bruce
Laura Gardner Louise Gardner
Jayne Perry Carole Wilkinson

White vest, amber and maroon

Katherine Cousins Rosie Dale
Louise Goddard Lauren Gora

team 235

Carol Fishwick
Georgia Hannam

LEEDS CITY ATHLETIC CLUB

Leila Armoush Rachel Atherton
Lucy Crookes Celia Demaria
Amicia Lee Georgia Malir
Rebecca Townsend
Jennifer Yates

Royal blue, two yellow diags

Racheal Bamford Harriet Buswell
Claire Duck Rachel Friend
Jessica Nixon Susan Partridge
Alison Varley Ruth Wilcox

teams 236&237

Emma Clayton
Heather Langham
Sheryl Punter
Charlotte Wills

LEIGH HARRIERS & AC

Dionne Allen Carole Baines
Courtney Donald Rachel Hodgkinson
Georgina Leck Elizabeth Lee
Fiona Steel Olivia Stones

White with green band

Emma Bilsbury Eleanor Bond
Abigail Howarth Lauren Howarth
Leah Peplow Angela Pike
Louisa Thompson Brenda Wane

teams 238&239

Dianne Denney
Bethany Jones
Laura Riches

LINCOLN WELLINGTON AC

Hayley Abraham Libby Ball
Abbie Donnelly Rochelle Harrison
Rebekah Ward Laura Wilkinson

White, red/black/red bands

Natalie Burns Sophie Cowper
Gemma Selwood Catrina Thomas
Bella Williams

teams 240-242

Sophie Darling
Ellie Thorpe

LIVERPOOL HARRIERS & AC

Megan Ball Rachael Burns
Ailbhe Mcdaid Michelle Murphy
Sophie Whiteside d Wilson

Gold, blue liverbird badge

Hannah Delaney Sarah Howard
Abbie Oliver Emily Rowe

teams 243-245

Kathryn Lland
Danielle Webb

Northern Womens 4 Stage Road Relay Championship 2016

LIVERPOOL RUNNING CLUB

Vicki Collins Leanne Hughes
Melissa Ronan Gillian Verdin

Blue & white

Sharon James Lisa Mercer
Abigail Willmritt Siobhan Woods

teams 246&247

Alex O'brien

MANCHESTER HARRIERS & AC

Caroline Baba Melanie Barber

Royal blue & red

Jacqueline Ellison Gail Hebson

team 248

Emma Tolond

PENNY LANE STRIDERS

Cath Grierson Sarah Jackson
Sharon Samson Carys Schofield

Black & white

Claire Meadows Helen Osborne
Pamela Thurtle

teams 249&250

Sarah Richards

PRESTON HARRIERS

Meg Beckett V Cowling
Dorothy Parkes Rebecca Rigby

Royal blue, white & red

Emma Essexcrosby Katey Foster
Vicki Sherrington Jenny Wren

team 251

Nichola Jackson

ROCHDALE HARRIERS & AC

Anna Blomfield Jill Butterworth
Annmarie Mcgilvray Janice Needham

Black, red & amber diagonals

Caroline Fortnum Chloe Hirst
Brenda Robinson Kay Welsby

teams 252&253

Susie Hirst
Diane Winterburn

ROSSENDALE HARRIERS & AC

Lynne Berbatiotis Samantha Crofts

Pale blue, dark blue & white

Emma Flanagan Vikki Hardwicke

team 254

Louise Waller

ROTHERHAM HARRIERS & AC

Jenny Blizard Stephanie Burns
Catherine Eddison Jessica Fawcett
Gallagher Annabelle Grady
Elizabeth Hutson Philippa James
Emma Parkinson Jenny Reed

Black & white

Fiona Davies Emma Dutton
Paula Fisher Jessica Freeman
Natalie Griffiths Natasha Hatswell
Mary Jenkinson Samantha Johnson
Alina Stepanchuk Gillian Taylor

teams 255&256

J Dutton
Sashaann
Janet Hindley
Zara Knappy

SALE HARRIERS MANCHESTER

Helen Armitage Hayley Ashby
Helen Carter Anne Chinoy
J Cordingley Megan Davies
Jenny Fox Hanifa Greenwood
Samantha Lawrance
Jan Nicholls Cara O'brien
Joanna Robbins Joanna Robbins
Lynda Rowlinson Tracey Taylor
Katherine Wellam

Green, 1 red & 2 white bands

Katherine Barker Alice Bruce
Jenny Clink Chiara Collins
Sarah Douglas Sinead Ferguson
Jenna Hill Catherine Jones
Clare Mccarron Clare Mccarron
Carla Ousey Helen Reagan
Louise Robbins Louise Robbins
Jane Thomas Janneke Vanbeijnum

teams 257-260

Luisa Candioli
J Cordingley
Emma Finney
Amelie Latham
Deirdre Mccarrhy
Anna Reeves
Sian Rowley

SALFORD HARRIERS & AC

Ruth Bardsley Sinead Bent
Ruth Jones Hayley Kuter
Marie O'brien Ruth Ollerenshaw
Anneka Sanders Beverley Simons

Red/diagonal white stripe

Leanne Carey Julie Cook
Julie Laverock Estelle Malm
Marloes Peeters Becki Robinson
Ambi Tipping Denise Wakefield

teams 261&262

Rachel Jones
Laura Nash
Tess Robinson

SHEFFIELD RC

Samya Armouh Heather Fisher
Abigail Knight Kate Little
Claire Spencer Clare Thompson

Light blue & black

Caroline French Jenny Home
Rachel Miller Helen Mort

team 263

Sarah Kimpton
D Plattsfowler

SPECTRUM STRIDERS

Ellen Broad Ellen Caldwell
Emma Pryor Eleanor Roberts

Black & white

Anne Hewitt Jane Lowe
Victoria Walls Liz Whitfield

team 264

Donna Percival

STOCKPORT HARRIERS & AC

Elizabeth Apsley Jessica Coulson
Hannah Griffiths Alice Hughes
Ruthemily Sinclair Eleanor Vernon

Gold with black trim

Kelly Crickmore Ellen Downs
Emily Hughes Katie Hughes
Katy Whiteoak Mollie Williams

teams 265&266

Juliet Downs
Louise Rudd

Northern Womens 4 Stage Road Relay Championship 2016

TRAFFORD ATHLETIC CLUB

Elizabeth Austen Liz Austen
 Claire Chaffer Vicki Cronin
 Ellie Edwards Sue Exon
 Joan Howe Sarah Hudak
 Rachel McDonnell Melanie Monks

White with blue & gold sash

Emily Beedham Ruth Beresford
 Nicole Davenport Beth Donnelly
 J Fairchild Karen Hill
 Catherine Hurst Teresa Kemp
 Julie Price Anna Vergesbausili

teams 267&268

Amyrose Cauley
 Alison Drasdo
 Sally Howarth
 Joanne Lott

TRAWDEN ATHLETIC CLUB

Louise Baron
 C Singleton

Black and white stripes

L Hawthornthwaite Jenny Mcandrew

team 269

Elouise Pemberton

VALE ROYAL AC

Julie Annable Gemma Barnett
 Lucy Burch Ann Collier
 Chloe Dooley Joanne Edwards
 Andrea Hilldrup Amy Hinchly
 Lisa Meadows Debbie Moreton
 Clara Pettitt Emmalouise Pyatt
 Sophie Smith Janet Snow
 Kate Titlow Helen Whitby

Blue and yellow quarters

Chloe Broad Debbie Broad
 Rebecca Craigie Pauline Davies
 Katie Gerrard Cara Gibbons
 Jayne Lomax Tessa McCormick
 Kate Moulds Sarah Murphy
 Sophie Rees Lois Ruebotham
 Kate Spilsbury Claire Thompson
 Carole Williams

teams 270-273

K Brough
 Carolyn Dooley
 Sarah Gibbs
 Tessa McCormick
 Amelia Pettitt
 Helen Smith
 Penny Thorn

WAKEFIELD DISTRICT H & AC

Faye Beckett Joanne Biltcliffe
 Libby Greatorex Julie Greenwood
 Eileen Mannion Sharon Marshall
 E Pearson Alex Potter(carr)
 Louise Taylor Charlene Thomas

White, 2 emerald green hoops

Bostwick(beevers) Julie Briscoe
 Jacqui Khoueir Jenny Latham
 Annabel Mason Hayley Newbound
 Lucy Robinson Sally Smith
 Jennifer Walsh Rebecca Zserdicky

teams 274&275

Mandy Geary
 Rachel Lee
 Bethan Oates
 Nicola Steel

WARRINGTON AC

Jasmin Dobson Alysha Goddard
 V Ramsbottom

Red

H Knowlesjones H Knowlesjones

team 276

Katie Lowery

WESHAM ROAD RUNNERS & AC

Tanya Barlow Clare Belfield
 B Dickinson Kerry Eccles
 Anne Mayerssmith Lisa Minns
 Sarah Sherratt Carmel Sullivan

Light blue, navy band

Diane Blagden Jess Coulthurst
 Kathleen Hoyer Tracey Hulme
 Gemma Owen Julie Rooney
 Nicola Unsworth Sara Ward

teams 277&278

Sue Coulthurst
 Helen Lawrenson
 Jennifer Salt

WEST CHESHIRE ATHLETIC CLUB

Katie Clarke Anest Muller

Purple with gold trim

Eleanor Robinson Zeinab Weyers

team 279

WIGAN & DISTRICT H & AC

Danielle Brearton Caroline Brown
 Pauline Foster Jacqueline Jones
 Julie Platt Caroline Rasburn
 Kellyanne Towns Melanie Wane

Black, red diagonal stripe

Pat Cole Laura Dootson
 Rebecca Kaufman Julie Kirk
 Rachel Sidebotham Pauline Taylor

teams 280-282

Tracey Dutton
 Adele Lowe
 Shona Taylor

WIGAN PHOENIX

Chloe Ainsworth Nikki Bansal
 Lynn Manirjolley Rachael Moore
 Amanda Smith Emma Weall

White & red

Victoria Bryant Jennie Hampson
 Emma Naylor Emma Porter

teams 283&284

Alison Makin
 Gina Senior

WIRRAL AC

Caroline Brophy Aileen Kearney

2 green hoops on white

Sarah Kearney Fiona Nuttall

team 285

Anne Rosbottom

Northern Womens 4 Stage Road Relay Championship 2016

OUR 'A' TEAM RESULTS

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Total		: :	

OUR 'B' TEAM RESULTS

	Athlete	Time	Position
Leg 1	49	:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Total		: :	

OUR 'C' TEAM RESULTS

	Athlete	Time	Position
Leg 1	49	:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Total		: :	

PAST WINNERS OF THE WOMEN'S FOUR STAGE ROAD RELAY CHAMPIONSHIPS

2015 Blackpool	
1. Lincoln Wellington AC	1:13:18
2. Sale Harriers Manchester	1:14:42
3. Vale Royal AC	1:15:04

2014 Warrington	
1. Stockport Harriers & AC	1:28:23
2. Leeds City Athletic Club	1:29:47
3. Lincoln Wellington AC	1:29:51

2013 Blackpool	
1. Leeds City AC	1:14:06
2. Leigh Harriers & AC	1:15:11
3. Vale Royal AC	1:15:25

2012 Leigh Sports Village	
1. Rotherham Harriers & AC	52:20
2. Leigh Harriers & AC	52:30
3. Liverpool Harriers & AC	53:00

2011 Birchwood	
1. Morpeth Harriers & AC	1:07:46
2. Stockport Harriers & AC	1:08:15
3. Leigh Harriers & AC	1:09:28

2010 Manchester	
1. Chester-Le-Street And District	1:10:01
2. Liverpool Harriers & AC 'A'	1:12:30
3. Salford Harriers 'A'	1:13:50

2009 Leeds	
1. Chester-Le-Street And District	1:07:17
2. Hallamshire Harriers 'A'	1:09:34
3. Liverpool Harriers & AC 'A'	1:10:16

2008 Hartlepool	
1. Chester Le Street & District AC	51:11
2. Kendal AC	52:38
3. Scunthorpe & District AC	53:10

2007 Birchwood	
1. Chester Le Street & District AC	1:21:04
2. Scunthorpe & District AC	1:22:03
3. Sale Harriers Manchester	1:22:34

2006 Hartlepool	
1. Chester Le Street & District AC	50:50
2. Liverpool Harriers & AC	53:13
3. Darlington Harriers & AC	53:27

2005 Blackpool	
1. Sale Harriers Manchester	52:29
2. Liverpool Harriers & AC	54:31
3. Chester Le Street & District AC	54:41

2004 Blackpool	
1. Liverpool H & AC	1:02:01
2. Sale Harriers(Manchester)	1:02:05
3. Salford H & AC	1:02:26

2003 Risley	
1. Chester Le Street & District AC	46:51
2. Liverpool H & AC	47:53
3. Leeds City AC	48:06

2002 Sunderland	
1. Liverpool H & AC	58:39
2. Salford H & AC	1:00:25
3. Bingley H	1:00:29

PAST WINNERS OF THE MEN'S SIX STAGE ROAD RELAY CHAMPIONSHIPS

2015 Blackpool	
1. Derby Athletic Club	2:01:24
2. Liverpool Harriers & AC	2:02:05
3. Morpeth Harriers & AC	2:02:06

2014 Warrington	
1. Stockport Harriers & AC	1:52:09
2. Leeds City Athletic Club	1:53:02
3. Sale Harriers Manchester'	1:54:59

2013 Blackpool	
1. Leeds City AC	2:01:28
2. Sale Harriers Manchester	2:02:17
3. Morpeth Harriers	2:02:31

2012 Leigh Sports Village	
1. Altrincham & District AC	1:49:25
2. Liverpool Harriers & AC	1:49:53
3. Salford Harriers & AC	1:49:59

2011 Birchwood	
1. Leeds City	1:48:39
2. Morpeth Harriers & AC	1:48:48
3. Derby AC	1:49:45

2010 Manchester	
1. Derby AC	1:42:35
2. Altrincham & District AC	1:42:50
3. Liverpool Harriers & AC	1:43:50

2009 Leeds	
1. Leeds City AC	1:45:31
2. Salford Harriers & AC	1:47:12
3. Altrincham & District AC	1:47:15

2008 Hartlepool	
1. Leeds City AC	1:36:30
2. Liverpool Harriers & AC	1:38:49
3. Altrincham & District AC	1:39:04

2007 Birchwood	
1. Leeds City AC	2:34:46
2. Liverpool Harriers & AC	2:39:59
3. Altrincham & District AC	2:40:37

2006 Hartlepool	
1. Morpeth Harriers & AC	1:37:27
2. Salford Harriers	1:37:32
3. Liverpool Harriers & AC	1:38:27

2005 Blackpool	
1. Morpeth Harriers & AC	1:28:36
2. Altrincham & District AC	1:30:34
3. Trafford Athletic Club	1:30:43

2004 Blackpool	
1. Morpeth H & AC	2:00:24
2. Leeds City A.C.	2:02:20
3. Altrincham & District AC	2:02:45

2003 Risley	
1. Salford H & AC	2:04:18
2. Trafford AC	2:05:26
3. Altrincham & District AC	2:06:06

2002 Sunderland	
1. Salford H & AC	1:55:36
2. Morpeth H & AC	1:56:34
3. Derby AC	1:58:33

COURSE MAP- SENIOR MEN



Northern Mens 6 Stage Road Relay Championship 2016

ALTRINCHAM & DISTRICT AC

Paul Abraham
 Alan Barlow
 Nick Bulger
 Colin Davies
 Adrian Fuller
 Bruce Humphrey
 Paul Johnston
 Jeanpaul Lebon
 Phil Nichol
 Jeff Norman
 Richard Pavey
 George Raffle
 John Stockdale
 Neil Walker
 Andrew Whittingham

Peter Abraham
 Michael Berks
 Ken Burgess
 Duncan Dickinson
 Ryan Ganose
 Mark Hunter
 Mike Jones
 Karl Lee
 Gordon Nicoll
 Mark Norton
 Peter Pickwell
 Tim Raffle
 Dave Telford
 Peter Waterson

Yellow with red panel

Mohammed Aburezeq
 Patrick Bonner
 Nick Burke
 Bill Egan
 Colin Hammond
 Shaun Jackson
 Stephen Jones
 David Livingstone
 John Noblett
 Andy Oates
 Mansel Pope
 Steven Renny
 Justin Thompson
 Paul Watson
 Alan Williams

Mike Brooks
 Lockie Campbell
 Joseph Fisher
 Graham Harrison
 Brad Johnson
 Matthew Kelly
 Dan Martell
 Andrew Norman
 Dave Parkes
 Jonathan Powell
 Wayne Rimmer
 Damian Utton
 Cliff Whiston
 Duncan Wilson

teams 1-5

David Ainsworth
 Robert Buckley
 David Cowlishaw
 Mark Freeman
 David Hughes
 Richard Johnson
 Tom Lavin
 Hugh Mckenna
 David Norman
 Craig Partridge
 Arthur Raffle
 Paul Smith
 David Vaughan
 Mark Whitfield

BARLICK FELL RUNNERS

Andrew Carson
 James Craig
 Lee Parrington
 Nick Treilt

Andrew Chew
 Julian Hood
 Russell Parrington

Red white and black

Shaun Chew
 Matthew Lalor
 Gary Shaw

Stephen Chew
 Ian Livesey
 Chris Singleton

team 6

Thomas Corrigan
 Luke Maude
 Christopher Smale

BARNSLEY ATHLETIC CLUB

Raymond Archer
 Mark Hurrell
 Melvin Wallace

Graham Bateson
 D Kestrel(chan)
 Stuart Wilson

Turquoise with red trim

David Brooksbank
 Darren Middleton

Robert Elstone
 Lee Mitchell

team 7

E Godridge
 Brendan Moody

BARROW & FURNESS STRIDERS AC

Robert Atkinson
 Ray Jones
 Fraser Symon

Danny Bouffler
 Patrick Miller
 Glen Travers

Yellow, blue & white diagonals

Ross Campbell
 Murray Murray
 Philip Waite

Mike Cooper
 David Parker
 Peter Willacy

team 8

Ian Crook
 Iain Quinn

BIRTLEY AC

Philip Atkinson
 Gary Curtis
 Mark Hornsby
 Chris Tiffen

Adrian Bailes
 Lee Drummond
 Jeff Johnston
 Mark Wilson

Royal blue/yellow side panels

Brian Bailes
 Peter Farnie
 Barry Murray
 Robert Wilson

Conna Carruthers
 Peter Gill
 Nicholas Newby

team 9

David Coulson
 Jamie Graham
 Kieran Reay

BLACKBURN HARRIERS & AC

David Almond
 Thomas Blaney
 Evan Cook
 Mark Emmett
 Jack Hindle
 Ross Liddle
 Thomas Mckee
 Stephen Schofield
 Richard Taylor

Ben Armstrong
 Mark Bleasdale
 John Cookson
 Ben Fish
 Joseph Howe
 Shaun Livesey
 Joe Monk
 Bryan Searby
 Michael Toms

Blue & white

Peter Banks
 Paul Bradshaw
 Ben Costello
 Richard Fogarty
 Zachary Howe
 Marco Maggio
 Sean Proctor
 Michael Sharp
 Robert Warner

Karl Billington
 Andrew Buttery
 Tom Cubbon
 Paul Guinan
 Andrew Knowles
 Daniel Maynard
 Tim Raynes
 Bob Shorroch
 Christopher Wood

teams 10-13

Mike Blacklidge
 John Chaplin
 C Davies
 Jason Harbour
 Mick Leigh
 Conrad Mckee
 Derek Reilly
 John Sutton

BLACKHILL BOUNDERS

Jordan Bell
 Michael Mcdonald
 Ian Young

Stewy Bell
 Ian Middlemas

Black, 2 yellow diagonals

Steven Bowyer
 Richard Scott

David Goodfellow
 Andrew Wade

team 14

Aidan Hughes
 Gary Wallace

Northern Mens 6 Stage Road Relay Championship 2016

BOLTON UNITED HARRIERS & AC

Daryl Bentley
 Adrian Costello
 Alex Donnelly
 Tommy Harrison
 Gary Jones
 Tom Lucas
 Chris Pickford
 Michael Ruston
 Mark Swannell
 Paul Trainor
 Simon Walker

Stephen Bonney
 Andrew Crickmore
 Ken Fowler
 Steve Houghton
 Jonothan Kay
 Phil Marsden
 Chris Povey
 Ben Scott
 Howard Taylor
 Paul Turner
 Anthony Warham

Blue, white and yellow trim

Stewart Brierley
 Scott Crompton
 Andrew Gallagher
 Nicholas Howarth
 Peter Kearney
 Shaun O'dwyer
 Martin Reid
 Daniel Shaw
 Marc Tillotson
 Anthony Valentine
 Scott Whittle

Andrew Cafferky
 Simon Dally
 Dominic Gavin
 Frazer Jardine
 John Knowles
 Stuart Parsonson
 Craig Renshaw
 David Shaw
 Declan Toomey
 Matthew Walker
 Marc Zeller

teams 15-18

Tom Carson
 Karl Darcy
 Ian Gregory
 Dean Johnson
 Thomas Lancashire
 Matthew Pemrick
 James Rideout
 Graham Shaw
 C Topping
 Seamus Walker

BORDER HARRIERS & AC

Steve Angus
 Jon Fletcher
 Daniel Ibbotson
 Graham Millican
 Chris Steel

Kevin Bell
 Matthew Grieve
 Ross London
 Tom Nicholson

Orange with black diagonal

James Buis
 Robert Hodgson
 Russell Maddams
 William Nicholson

Declan Conley
 Jordan Hull
 John Mason
 Callum Plunkett

teams 19&20

James Douglas
 Kevin Hull
 Gareth Melvin
 Stuart Robinson

BUXTON & DISTRICT AC

Rick Aldred
 Sol Clark
 Paul Light
 Jonathan Sewell

Jason Bennett
 Paul Drabble
 Robert Lloyd
 Steven Watson

Dark blue/light blue

Richard Bouglas
 Jake Fearn
 Bryan Mckenna
 Robert White

Jason Brunnock
 Mat Ivings
 Mark Pursell

team 21

Alasdair Campbell
 Benjamin Light
 Mark Quince

CHORLTON RUNNERS

Peter Adams
 Jamie Barry
 Anthony Everitt
 Jonathon Harris
 Thomas Jones
 Thomas Marler
 Nick Parrott
 Oliver Wallace

Deepak Aggarwal
 Paul Brown
 Tim Fletcher
 Ben Hobson
 James Kermode
 David Maxted
 Tony Payne
 Philip Waterhouse

Black

David Alderson
 Steven Curley
 Will Fossard
 Stuart Holliday
 R Leeming
 Ben McCormack
 Nathan Rae
 Stephen Welch

Adam Atkins
 Brian Devlin
 Ross Giles
 C Jackson
 Paul Loudon
 Nayeem Mukadam
 Gavin Simpson

teams 22-26

C Bannothornton
 Euan Doak
 Andrew Haney
 Ian Jameson
 F Macdonaldoulds
 Dave Murray
 Neal Wainwright

CITY OF HULL AC

Rob Alexander
 A Guymer
 Sean Rouse

Pete Baker
 Carl Horth
 Craig Smalley

Purple & white

David Ball
 Andrew Lawtey
 Rupert Wilks

Paul Bowman
 Kris Lecher

teams 27&28

Graham Cook
 James Pearson

CLAYTON LE MOORS HARRIERS

Gareth Berry
 C Holdsworth
 Daniel Plant

Tom Brewster
 Jordan Mcdonald
 Jonathan Pye

White, tangerine & black

Daniel Collinge
 David Motley
 Chris Snell

Matthew Duckworth
 George Pier
 Adam Stephenson

Jason Pier
 Jacob Watson

teams 29&30

DERBY ATHLETIC CLUB

Joseph Booth
 Adam Fozzard
 Richard Jamieson
 Matthew Ward

Joshua Bull
 Jonathan Gilby
 Hugo Milner
 Richard Weir

White, green & red

Callum Chambers
 Luke Gunn
 Russell Parkin
 Matthew White

Dominic Chambers
 Hedley Hardcastle
 Alex Pilcher
 Richard Wilson

Ben Connor
 Jake Hindmarch
 Ian Stevens

teams 31&32

DURHAM CITY HARRIERS & AC

James Askew
 J Grehanbradley
 Daniel Jenkin
 Geoff Watson

Jason Catteral
 Michael Grimes
 Robin Linten
 C Wilkinson

Orange

Ian Crampton
 David Hemming
 Alex Mirley
 Jonathan Wilkinson

Robert Eaton
 Matthew Hornsby
 Adam Walker

team 33

Daniel Garbutt
 Graham Hunt
 Christopher Walker

Northern Mens 6 Stage Road Relay Championship 2016

E CHESHIRE H & TAMESIDE AC

Gavin Browne Scott Gillespie
George Lewis Gary Matthews

Green & gold

Barry Hirst Joseph Hudak
Oliver Topping

team 34

Kevin Jowett

EAST HULL HARRIERS & AC

Lee Alcock Tony Alcock
Daniel Cain Adam Callan
Tony Cross Gary Forrester
Matthew Hayes Mcqueen Jeff
Reed Paul Mike Peterson
Neil Seddon Tim Simpson
Stephen Tichopad Robert Weekes

Red

Richard Alsop Steve Bateson
Stuart Carmichael Adams Chris
Jonathan Frost Alec Gibson
Philip Mccoy Vincent Mcgowan
Eddie Rex Karl Rolstone
Nigel Sisson Graham Smith
Darren White Gareth Young

teams 35-37

Richard Buckle
Stephen Coates
Michael Hargreaves
Paul Nippres
Joshua Rowe
Mckee Thomas

GATESHEAD HARRIERS & AC

Kevin Connolly Jackson Creegan
Steve Gray C Hainsworth
Steven Medd Lewis Moses
James Porteous Adam Simms

White, red band

James Cripwell Marc Elliott
Alan Johnson Jed Marshall
Ross Murray Christopher Parr
Martin Slater

team 38

Conrad Franks
Philip Mckeown
Stephen Parr

HALLAMSHIRE HARRIERS SHEFFIELD

Dave Archer Tom Bains
Adam Dyson Paul Faulkner
Tom Horton Gavin Keight
Gareth Phoenix Joshua Walton

Red & white

Nicholas Barber John Birch
Craig Fishwick Andrew Heyes
Robert Little Zak Mellard

team 39

Andrew Challenger
Wyatt Hill
Connor Milnes

HOLMFIRTH HARRIERS AC

Christopher Beadle Craig Boggon
Christopher Law Joe Law
Stuart Sharp Daniel Shaw

Amber, black badge on front

Philip Hewitt Eddie Hinchliffe
Mark Law Lavell Pierre
Kai Sunman Jonathon Sykes

teams 40&41

Aaron Kettlewell
Alex Robinson

HORWICH R MI HARRIERS

Martyn Bell Gareth Booth
Tim Ellis C Essexcrosby
James Kevan Nick Leigh
Alastair Murray Simon Pym

Red & black

Jonathan Bruton Michael Cayton
C Farrell Michael Hallas
Luke Massey Paul Massey
Lukas Siska

team 42

Ian Conroy
David Jackson
Joe Mercer

KEIGHLEY & CRAVEN AC

Joe Atherton Scott Bairstow
George Dennis Dave Evans
Pete Lloyd Christopher Loftus
Alfie Walker Gary Ward

Red & green hoops

Richard Ballantine John Conroy
Andrew Hardaker Andrew Jackson
Will Smith Robert Thompson
Shaun Wilkinson

team 43

Craig Cooper
Lukas Lee
Ben Timbers

KENDAL AMATEUR ATHLETIC CLUB

Peter Acland Michael Hoyle
Conner Mcgurk Stuart Mcgurk
Matthew Wilson Richard Wilson

Green with red trim

Robbie Ingham Philip Lee
Danny Parkinson Alasdair Russell
David Wright

teams 44&45

Paul Mann
Will Sisson

KESWICK AAC

John Beetham Ian Boit
Ross Butler James Christmas
Stuart Edginton Christopher Edis
S Hebblethwaite Ivan Holroyd
Damian Kimmins Mark Lamb
Marc Penn Daniel Reed

Yellow with green band

Chris Brewer Marc Brown
John Curran Ian Davies
Duncan Frampton Peter George
Robert Jones Steve Jones
Mark Mclincy Rhys Morris
Leemichael Roe Sam Stead

teams 46&47

David Burton
Paul Dobson
Bobby Hagan
Graham Kendall
John Nicoll
Rob Wynne

KINGSTON UPON HULL AC

Jonathon Beharrell Jack Brothwell
Simon Downs Baldwin Magnusson
Harry Powell David Rivers
Thomas Whitley

Navy blue, gold trim

Gregan Clarkson Ian Coopland
Jack Michaels Oliver Newton
Shaun Smith Joshua Taylorbrown

team 48

Lee Craven
John Parham

Northern Mens 6 Stage Road Relay Championship 2016

KNOWSLEY HARRIERS

Stuart Atherton Ian Broadhurst
Peter Hamlett Mike Maloney
Nathan Parry Chris Pownell

White & red

Mark Clair Stephen Doyle
Frank Murphy Robert Owens

teams 49&50

Andrew Glen
Luke Parker

LANCASTER & MORECAMBE AC

Adam Bateson Nigel Beeson
James Daghish Alastair Eccles
William Gardner Graham Hodgson
William Onek Christopher Pyle
Peter Twigg

White vest, amber and maroon

Michael Bray David Brown
Raymond Edgar James Edwards
Eryl Husband Mark Leadbeater
Kieran Rowlands Michael Roy

teams 51&52

Lee Calvert
Mark Gardner
Angus Murray
Beau Smith

LEEDS CITY ATHLETIC CLUB

Mohamed Abshir Jack Allison
Peter Branney Alan Buckley
C Corcoran Timmy Davies
Ben Dyson Dominic Easter
W Fikreindelbu Sean Flanagan
Matthew Harrison Martin Hilton
Reece Isaac Babacarr Joof
Ossama Meslek Adam Osborne
Carl Smith Chris Smith
Philip Townsend Patrick Vis

Royal blue, two yellow diags

Gordon Benson Darran Bilton
Michael Burrett Emile Caires
Alexander Davy Simon Deakin
Thomas Edwards Simon Ellis
Leon Foster Martin Gostling
Myles Holdsworth Nick Hooker
Stephen Lisgo Abinizer Markos
Elliot Parker Martin Roscoe
James Smith Robert Torch
Michael Williams Jonathan Wills

teams 53-55

Chris Birchall
Jason Cherriman
Nathan Dunn
Martin Farran
Adam Grice
Wondye Indelbu
Fergus Meade
Michael Salter
Joe Townsend
J Woodcockshaw

LEIGH HARRIERS & AC

Martin Conroy Jake Mcarden
Thomas Kneller Callum McCormick
Darren Smith Dave Smith

White with green band

Thomas Henders Andrew Howarth
Liam Moore Neil Pendlebury
Richard Smith Alexander Urmston

teams 56&57

John Indricks
Andy Smalley
Phillip Williams

LINCOLN WELLINGTON ACD

Lucian Allison David Allworthy
Adam Baker Les Ball
Richard Brown Neil Coney
Peter Duncan Jose Ferreira
Leigh Macdonald Glenn Moore
Geoff Powley Michael Ramsden
Aaron Scott Sam Shuttleworth
James Straw Tom Straw
Martin Troop Francis Ward

White, red/black/red bands

Jim Aram Dave Armstrong
Sean Bakes Harry Baxter
Thomas Corlett Daniel Crow
Dion Harrison Lewis Jagger
Martin Morley Vic Otter
Cameron Reed Shane Robinson
Daniel Skinner Joshua Stone
Stephen Swaby Marc Thorpe
Peter Wass Joe Wilkinson

teams 58-61

Samuel Atkin
Matthew Bowser
Tom Doe
Wayne Lathwell
Ryan Page
Tom Roche
William Strangeway
Thomas Trimble
Ronny Wilson

LIVERPOOL HARRIERS & AC

Alan Ashton Peter Brame
John Connolly Richard Evans
Jake Goodwin Charla Hassan
Aaron Jarvis Mark Keeley
Gavin McBride James McNally
Adrian Roach Curtis Robb
Ryan Whiston Christian Woods

Gold, blue liverbird badge

Liam Burthem John Cain
Cameron Field Michael Fitzimmons
Mitchell Hawkins Mathew Hughes
Owen Lee Ben Martin
Jonathon Mellor Ian Moran
Thomas Rogerson Ben Russell

teams 62-65

Daniel Cliffe
Dejene Gezimu
Matthew Jackson
Euan Martin
Colin Potts
Ben Stevenson

LIVERPOOL PEMBROKE & SEFTON H

Mark Bleasdale Jonathon Bride
Jack Crook Harry Doran
Stephen Lennon James Loftus
Mark Wynne

White, red & black hoops

Michael Bride Greg Callaghan
Daniel Gilbody John Halson
Chris Pedder Sammy Rashid

team 66

Andrew Conway
Sean Kirkbride
Robbie Wood

LIVERPOOL RUNNING CLUB

Patrick Boyle Robbie Collins
Ian Magill John Mannion
James Toohey Dean Wilson

Blue & white

C Gallivan Kyle Harrison
Philip O'roure Jamie Rutherford

teams 67&68

David Lawton
Kevin Smyth

Northern Mens 6 Stage Road Relay Championship 2016

LYTHAM STANNES RR CLUB

Andrew Draper Alan Elstone
Greg Oulton Neil Tate

Green, black & white

Joe Greenwood Terry Hellings
Paul Veevers Graham Webster

team 69
Thomas Howarth

MANCHESTER HARRIERS & AC

Lloyd Barlow Liam Bartlett
Glen Gandy James Hinde
Andrew Parsonage Chris Sewart

Royal blue & red

Jason Brogan Darren Cooper
Tommy Johnson Mike Long
Richard Skitt Sam Tarry

teams 70&71
Ed Fazakerley
Donnacha Maguire

MORPETH HARRIERS & AC

Jim Alder Joe Armstrong
Mark Brown Paul Brown
Sam Hancox Ian Harding
Andrew Lawrence Tony Lewis
Jonny Nisbet Steven Patterson
Chris Smith Mark Snowball
Karl Taylor Paul Waterston
James Young

Royal blue, 2 white bands

Carl Avery Fergus Bates
John Butters Mark Cockburn
Steve Haswell Ian Hockspith
Jake Masterman Tim Miley
Tom Pattison Peter Scaife
Thomas Straughan Nicholas Swinburn
Adrian Whitwam Phillip Winkler

teams 72&73
Scott Beattie
Robert Hancox
Elliot Kelly
Peter Newton
Jordan Scott
David Swinburne
Michael Winter

PENDLEATHLETIC CLUB

Ryan Atkins Pete Baistow
Joshua Ingham Jordan Isherwood
Luke Thompson Matthew Thompson

Royal blue, white diagonal

Julian Barnes Matthew Barnes
James Marchant James Marchant
John Vangeffen

team 74
Tiarnan Crokken
Thomas Marchant

PENISTONE FOOTPATH RUNNERS

Martin Ball John Broom
Shaun Dimelow Danielgeorge Hague
Robert Lees Richard Mackie

White, black side, red stripe

Robin Clough Martin Cooper
A Heppenstall Phillip Hinchliffe
Oliversimon Pike Mark Riordan

team 75
Gary Dean
Damian Kilpin
Lee Storey

PENNY LANE STRIDERS

Andrew Biddle Andrew Cantwell
Ian Crispin Michael Devereux
Gregory Hocking Andy Hodson
Stephen Mannings Adam Mcglory
James Stansfield Martin Swensson

Black & white

Simone Capponi Jay Clarke
Jerome Doyle Malachy Gordon
Paul Hughes Marc Littlefield
Gavin Melia Phil Riding
Lee Warburton David Webb

teams 76-79
Alex Cowin
Marc Goudie
Phil Macklin
Stephen Robinson

PRESTON HARRIERS

Andrew Acklam Daniel Bebbington
P Cowling Patrick Dever
Gundersen Daniel Higgins
Jake Lonsdale Neil Mcdonald
Richard Smith A Waddelove

Royal blue, white & red

Andy Benson Stephen Bonsu
Alan Durney C Durney
William Johnstone Mark Lee
Dominic Moon Stephen Needham
George Warburton

teams 80&81
Michael Brennand
Andrew
M Livingstone
John Rainford

ROCHDALE HARRIERS & AC

Nick Barton Jon Dearnleylane
Ian Roberts Richard Stirzaker

Black, red & amber diagonals

Alex Frost Paul Leary
Craig Sykes Phillip Williams

team 82
David Proctor

ROSSENDALE HARRIERS & AC

Robert Andrew Patrick Brennan
Steve Duxbury Andrew Fell
Scott Hitchen Ashley Holt
Connor Richardson Joseph Waller

Pale blue, dark blue & white

Andrew Corbishley Grant Cunliffe
Christopher Fell Peter Fell
Joseph Johnston Alan Lundbergbury
Robert Webb Paul Young

teams 83&84
A Dalton'o'reilly
Andrew Grenfell
Marcus Preedy

ROTHERHAM HARRIERS AND AC

Chris Adams Matthew Asbridge
Sam Clegg Paul Clemmens
Howard Darwin James Gallacher
Rhian Hasteley Simon Holt
Arron Larkin Steven Marshall
Peter Neal David Nuttall
Peter Shaw Steven Simms
Robert Tintinger Ian Whyman

Black & white

Daniel Bradford Nigel Brookes
John Comrie Luke Cotter
Chris Griffiths Chris Griffiths
Philip Hoole Aidan Johnson
Joseph Massingham
Oliver Potter Paul Risley
Elliott Smales Devon Stead
Martyn Whyman Damian Worsdall

teams 85-87
Gary Claxton
Kyle Craib
Richard Harris
Jonathan Johnson
Jonathan Maxfield
Gareth Sampson
Mathewkeith Taylor

Northern Mens 6 Stage Road Relay Championship 2016

SALE HARRIERS MANCHESTER

Thomas Atkinson Carl Barber
 Matthew Beacock Matt Bond
 Glen Comish Frank Cordingley
 Richard Edwards Robert Flannery
 Olivier Gaillernin Steven Gavin
 Callum Greenwood Dean Hardman
 Kenneth Hunt Matthew Hunt
 Lee Kaufman Andrew Keat
 Adam Kinghorn David Marsh
 Peter O'Neill Joshua Oguntayo
 Liam Renton David Rich
 Callum Rowlinson Gary Rowlinson
 Jake Spilsbury Joseph Vis
 James Wignall Lee Woods

Green, 1red & 2 white bands

Matthew Barnes Paul Barrett
 Craig Bradbury Alex Bradford
 Peter Crawford Elton Davies
 Anthony Ford Tom Fordyce
 Euan Gilchrist Paul Green
 Michael Hatch Iolo Hughes
 Damien Jones Robert Jowett
 Alistair Kell Tim Kennedy
 Nigel Martin Richard Mchugh
 Aidan Raftery Timothy Rainey
 Adam Roden Jamie Roden
 Glen Savage Philip Scowcroft
 James Walsh Michael Wharton
 Bradley Yates

teams 88-92

Gaurav Batra
 Niall Brooks
 Chris Donnelly
 Kevin Foster
 Robbie Greenslade
 Charlie Hulson
 Daniel Kashi
 Michael Kilmartin
 Chris Middleton
 Gareth Raven
 Paul Rowley
 Adam Spilsbury
 Alan White

SALFORD HARRIERS & AC

Roger Alsop Jonathan Attwood
 Glyn Billington Paul Birkett
 Simon Bruton M Butt
 Tom Cornthwaite Jeremy Cosway
 Stewart Darlington Christopher Dawson
 Michael Grace Ian Grime
 Grant Johnson Ian Johnson
 James Kovacs Philip Leybourne
 David Lockett Andrew Martin
 Daniel Mcgrath Karl Mckenzie
 Vincent Murphy Frank Murray
 Stanley Owen Barry Pearce
 Phillip Quibell Trevor Rayner
 Jonathan Sacks John Seed
 Steven Snape Paul Stephens
 Robert Towell David Townsend
 Philip West Eric Williams

Red/diagonal white stripe

Joseph Bailey Tommi Baker
 Keith Boardman Roland Bowness
 Albertneil Castile Robert Clarke
 Paul Creighton Derek Crewe
 Gary Fielding Charles Foster
 Carl Hardman David Hudson
 Chris Jones Christian Jones
 Bruno Lima Chris Livesey
 Duncan Mason Billy Mccartney
 Paul Mcnamara Max Mcneill
 Alan Norman James O'connor
 Gary Pendlebury Steve Pennington
 David Rigby Benjamin Rix
 Matthew Shaw Paul Simons
 Thomas Temple Gary Thomason
 Robert Tudor Chris Tully
 Glyn Williams James Williams

teams 93-97

Will Beauchamp
 Richard Brook
 Sean Cordell
 Tommy Daniels
 Andrewjohn Gould
 Robert Hughes
 Stephen Jones
 John Lloyd
 Kevin McCluskey
 Dennis Moran
 Gerry O'Neill
 Gary Priestley
 Stuart Robinson
 Adam Slodowicz
 Josh Tighe
 Michael Wakefield
 James Wyatt

SHEFFIELDRC

David Addenbrooke Robert Cassy
 Tim Fletcher Joe Fowler
 Steven King Stuart Little
 J Sweetnampowell Michael Tanner

Light blue & black

Steve Cox Matthew Craig
 Chris Ireland Gareth Irvine
 Chris Moss Trevor Neville
 Ben Wilkinson

team 98

John Doherty
 C Johnson
 Brian Rose

SOUTHPORT WATERLOO AC

Mark Dunham Matthew Goddard
 Ben Johnson Robert Johnson
 John Sprackland James Tart

Royal blue, gold band

David Gough David Hamilton
 Robert Mcgrath Peter Roome
 Matthew Thompson Ciaran Walsh

team 99

Billy Hargreaves
 Lewis Rooney

SPECTRUM STRIDERS

Graham Driver Andy Garnett
 Alex Roberts David Roberts

Black & white

Paul Kelly C Millington
 Julian Spencer Kit Whitfield

team 100

Daniel Peers

ST HELENS SUTTON AC

Steven Anders Ian Costello
 Ian Hayburn Jake Healy

Red, black & white

Matthew Crehan Barry Graney
 Ian Pass Jamie White

team 101

John Greenall

STOCKPORT HARRIERS & AC

Kevin Acton Andrew Davies
 Jack Nixon

Gold with black trim

Jack Martin Patrick Martin

team 102

Jack Morris

Northern Mens 6 Stage Road Relay Championship 2016

SUNDERLAND HARRIERS & AC

Tony Allinson	Shaun Bagley
Matthew Davison	Matthew Devlin
Gary Fox	George Harden
Jonathon Howe	Albert James
Barry Maskell	Davison Matthew
Dean Phillips	Andrew Powell
Ian Ritchie	Mark Smith
Michael Wilson	

TRAFFORD ATHLETIC CLUB

James Bowness	Seamus Bradbury
Thomas Charles	Richard Clancy
Clive Fitzpatrick	Tim Fletcher
David Horniman	Michael Hunt
Daniel Lawton	Christopher Leigh
Zak Miller	Mac O'malley
Chris Riley	Darren Russell
Paul Taylor	Gavin Tomlinson
Gareth Woodcock	

TRAWDEN ATHLETIC CLUB

Adrian Blackledge	Anthony Booth
Dale Grimshaw	Stephen Hall
Mark Lord	Paul Marsden
James Osborne	Dave Potter

TYNE BRIDGE HARRIERS

Alex Black	Alasdair Blain
Tom Charlton	Shaun Cowan
Paul Hilton	John Hurse
Paul O'mara	Terry Scott

VALE ROYAL AC

James Ainsworth	Tom Annable
Zack Bamber	Josh Betteley
Steven Caldwell	Steve Collier
James Edwards	Geoff Fawkes
Nick Hayward	David Humphreys
Ryan Moore	John Moulds
Gary Richardson	Matt Rowlinson
George Thompson	Cameron Weaver
Nathan Williams	Oliver Williams

VALLEY STRIDERS AC

Clive Bandy	Ross Bibby
Matthew Hallam	Daryl Hibberd
Andrew May	David Merritt
Ian Sanderson	Jonathan Smyth
Steve Webb	

WARRINGTON AC

Robert Dykes	Daniel Evans
Graham Green	Jack Green
Tony Mccarthy	Rafael Meloni
Ladislav Taric	Mervyn Ward

Royal blue

Michael Barker	Christopher Bell
Ian Dixon	Steven Duffy
Craig Harriman	Noel Hitchcock
Jake Jansen	Kevin Jeffress
Steven McMahon	Paul Merrison
Steven Rankin	Paul Redman
Darren Stoker	Jack Tallentire

White with blue & gold sash

C Brown	Richard Byers
Tony Davenport	Blake Ellis
Andile Hlebo	Graham Hogg
Michael Hutchinson	Ben Jackson
David Maher	Paul Mannion
Simon O'meara	Bruce Penhale
Danny Shaw	Christopher Small
Nathan Townsend	Craig Wheeler

Black and white stripes

Kevin Clough	Ashley Eastwood
M Hawthornthwaite	David Howard
Derrick Marsh	Wayne McIntosh
Neil Willcocks	Michael Wrigley

White & black

Finn Brodie	Steve Cairns
James Dunce	Marc Fenwick
Justin Januszewski	Nick Joyce
Paul Tumbull	

Blue and yellow quarters

Tony Archer	Tom Armstrong
Simon Bridge	Ian Brough
Darren Cottier	Brian Dooley
C Griffiths	James Griffiths
Chris Jones	Andrew Miles
Richard Murray	Richard Pettitt
Matthew Sheen	David Shepherd
Gary Weedall	Samuel Whitehead

White, black lettering

Alisdair Burns	Daniel Fisher
John Hobbs	Graham Jones
Simon Midwood	Rav Panesar
Tim Straughan	James Tarran

Red

Chris Fance	Jack Gleave
Michael Hilton	Thomas Jervis
Thomas Mills	Janis Norviss
Stephen Watmough	

teams 103&104

Aidan Crowe
Michael Edwards
Mark Hood
Alan Knebel
John Morley
Nathan Reed
Michael Thompson

teams 105-107

Neil Canham
Ben Everson
Graham Holbrook
Benjamin Langley
Greg Marcroft
Jeff Prest
Matthew Sutton
Gary Wolstencroft

teams 108&109

Martin Greenwood
David Lord
Andrew Mullen

team 110

Tony Carter
David Green
David Moir

teams 111-113

Scott Bamber
Jacobjohn Brown
Stuart Doyle
Michael Harrington
Graham Miles
Colin Rathbone
Patrick Stradling
Gareth Williams

teams 114&115

Paul Fotherby
Gary Mann
David Penman
Gwilym Thomas

team 116

Andrew Green
Nick Jones
Daniel Richardson

Northern Mens 6 Stage Road Relay Championship 2016

WESHAM ROAD RUNNERS & AC

Jason Barlow
Jason Blagden
Peter Cruse
Pauldavid Gregory
Russell Mabbett
Alan Taylor
Waterhouse

Lee Barlow
Stephen Browne
Ugis Datavs
Carl Groome
Christopher Moss
David Taylor
Troy Watson

WEST CHESHIRE ATHLETIC CLUB

Dave Alexander
Jack Gannon
Graham Wells

Robert Benson
Ian GloynePhillips

WIGAN & DISTRICT H & AC

Barry Abram
Chris Burton
Gary Fitzpatrick
Mike Harris
Chris Kinsella
Daniel Parkinson
Gary Wane

Abraham Afeworki
Luke Critchley
Tony Foster
Stuart Holding
Paul Mason
Mark Rogers
Ian Yates

WIGAN PHOENIX

David Bamford
John Flatley
Derek Henry
Ben McMullen
Mike O'Neill
John Sands
Andy Ward
Jeff Whittington

Paul Blakemore
Phil Grayson
James Hilton
Mark Melbourne
Danny Orrell
Matt Thorley
Tim Waters
Neil Whitworth

WIRRALAC

David Brockway
Ronan Kearney
Alan Woods

John Cross
Stephen Laker

Light blue with navy band

Garry Barnett
Paul Carter
Simon Denye
Paul Hetherington
Sean Murray
S Topping
Simon Young

Peter Bartlett
John Collier
Michael Edge
Alan Hudson
Steve Myerscough
Graham Vickers

Purple with gold trim

Andrew Carter
Neil Hershaw

Andrew Clague
Andrew Starkey

Black, red diagonal stripe

H Avery
Andy Eccles
Mark Glynn
Darren Jackson
Mark Morganhillam
C Smullen

Simon Baines
Kevin Edwards
Daniel Gray
Bozhidar Kasabov
Stephen Nicholls
Alan Taylor

White & red

Phillip Darbyshire
Matthew Hackett
Tony Holland
John Morrissey
Lee Partington
Alex Turnbull
Phil Waterworth
John Worthington

Matt Fisher
Roderick Hart
Steve Makin
Andrew Nightingale
Vincent Robinson
Howard Waite
Paul Weal

2 green hoops on white

Xavier Desse
Phillip Langan

Harley Henshaw
Alex Mcbain

teams 117-119

Martin Bates
E Costello
Steven Gore
Roger Leadbeater
Alex Rowe
Stephen

team 120

Mark Davies
David Tieman

teams 121&122

David Barton
Stuart Fairclough
Christopher Green
Andrew Kaufman
Richard Noone
Stuart Towns

teams 123-125

David Fitzgerald
Roy Hart
Mo Manirjolley
Chris Nightingale
Keith Roscoe
David Walters
Harvey Whittington

team 126

John Hunt
Philip Robertson

OUR RESULTS

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Leg 5		:	
Leg 6		:	
Total		: :	

B TEAM

	Athlete	Time	Position
Leg 1		:	
Leg 2		:	
Leg 3		:	
Leg 4		:	
Leg 5		:	
Leg 6		:	
Total		: :	

NOTES