

2013 National Cross Country Championships Sunderland: Coach & Mini Bus information

There is no on site parking for coaches, mini buses or spectator / athlete cars. The only vehicles allowed to enter the site will be those with official permits supplied by ECCA. (Officials, VIP and tent drop off). Note: Coaches cannot use the tent drop off area as there is insufficient turning space for coaches.

Car drivers have been supplied with travel directions to the designated Park & Ride venue, at Sunderland Enterprise Park. They will then be transported to the venue by a shuttle bus operation which will drop them near the entrance to the park.

Coach and mini buses have been allocated a drop off point – a bus stop - on the A183 at the western end of the Country Park, opposite the Country Park Inn (postcode DH4 7EJ).

All users are asked to drop off passengers as quickly as possible to minimise hold ups, congestion and waiting times.

From this drop off point it is around a 400m walk to the registration marquee and a further 150m to the club tent area. A separate site map shows the drop off location and pedestrian route to the event area.

Once all passengers have been dropped off, Coach / mini bus drivers should continue west on the A183 for just over 400m, and then make a u - turn at the roundabout. Follow the A183 back to the A19 and turn north on the A19 to exit at the next junction (A1231).

Turn right on the A1231 and follow signs for Park & Ride. (Wessington Way)

This should take you along the A1231 until the second roundabout where signs will direct you right, into Colima Avenue. Follow this & car park stewards will guide coaches and mini buses to a designated parking area. (The coach & mini bus parking locations are also shown on a separate plan).

Recommended directions to the drop off point

From the South

Use the M1 or A1

The M1 merges with the A1 just to the south of the A64 Leeds to York road.

Follow the A1 until junction 49 and exit onto the A168 – signed: Thirsk & Teeside.

Continue on the A168 which turns into the A19. Follow the A19, crossing the Tees bridge and continuing north.

Follow the A19 and exit at the A183 junction (After the A690), turn left and follow the A183 for just over 1 mile. Go straight ahead (2nd exit) at the roundabout, (Herrington Country Park – access controlled - 1st exit). The bus stop drop off point is approx. 700m further on, just where the buildings start on the RHS.

Park & Ride Operation

Should Mini bus or coach drivers want to return to the event venue, they should use the free shuttle bus service. The stewards will direct you to the nearest bus stop. Each bus stop has a reference number, the reference number (which all returning athletes and spectators should remember for their return journey) for the designated coach / mini bus parking is 6 (the final most easterly of the stops)

The buses will travel from West to East picking up along the road before turning left to take passengers, via the A1231 and A19, to the Park drop off point.

To return to the Park & Ride after the event, **all** passengers will use the same pick up point – next to the park entrance access road.

Buses will run continuously to & from the event venue from 09:00. The last return bus will be 17:45, (the service will continue beyond this if queue backlogs make this necessary).

Should coach / minibus drivers not plan to travel to the venue, restaurant and toilet facilities are available at the retail sections of Sunderland Enterprise Park. (Location shown on separate plan)

Coach drivers are reminded that athletes and spectators may choose or decide to return to the coach after their race. The first race is at 11:00 and therefore it may be possible for passengers to return to coaches from 12:30 onwards. It is recommended that team managers and coach drivers can communicate via mobile phones, to advise when athletes are returning.

Note for mini buses who have tent drop off permits

Upon production of the permit you will be allowed to enter the park, and be guided to the tent drop off point. Please drop off club tents and all passengers as quickly as possible, and exit as per the drop off route shown on the site plan, turning right at the roundabout to return to the A19. Follow directions for the designated parking area as above.

Note: Please advise (sandjgaines@aol.com) if your club tent is too large to be transported easily on the shuttle bus service back to the designated car park. Special arrangements will have to be made in such circumstances.