## Manchester, M60, Cheshire and Merseyside Join Forces!

## **Top Olympian Supports Athletics Networks Journey to Success**

Four athletics networks in the North West have joined forces to deliver the first ever Athletics Network Conference. The event marks the start of the 2012 summer athletics season and aims to inspire, support and educate athletes and coaches across all three counties. The event will take place on Sunday 25<sup>th</sup> March 2012 at Sportcity in Manchester and is only four months away from the opening ceremony in London!



Headlining the event is Katharine Merry, Sydney 2000 Olympic Bronze medallist (400m) and BBC Presenter and Commentator. Her opening speech will carry the theme of her own personal journey to Olympic success and the highs and lows she experienced along the way. Following this, Katharine will be leading an exclusive workshop for up and coming athletes in the North West and what they will need to make it to the top.

Vicky Huyton, Cheshire and Merseyside Athletics Network Coordinator says "A big thank you to Katharine for taking time out of her busy diary to support this event, we are all very excited to have this opportunity to work with one of Britain's best athletes."

Coaches will have the opportunity to work alongside some of England's' best coaches and athletes in event specific workshops throughout the day (which include; Polevault, Middle Distance Endurance, Sprints, Road Endurance, Throws, and Wheelchair racing) working on technical aspects of the disciplines leading into the competition season.

Ceri Richardson, Manchester and M60 Athletics Network Coordinator explains her excitement of the event, "What a great way to kick off the 2012 summer season; we have a very exciting few months ahead and I think this conference will give all who attend an opportunity to ask advice from the best that England has to offer!"

Places are already being booked rapidly, so in order to not miss your chance of this conference, please book quickly!

North West Athletics Network Conference- Journey to Success Sunday 25<sup>th</sup> March 2012 10am- 4:30pm Sportcity, Manchester M11 3FF









## To book and pay for your place, please contact:

Sport Cheshire: 01606 305260

Please have card payment details on hand when you call.

To all network coaches the cost is £15 To non-network coaches the cost is £30 To all athletes, the cost is £5

## For any additional information please contact:

Vicky Huyton (Cheshire and Merseyside Athletics Network Coordinator) 07738 402931 // vicky.huyton@sportcheshire.org

Ceri Richardson (Manchester and M60 Athletics Network Coordinator) 07534 223392 // c.richardson@manchester.gov.uk







