

U17 Women **1500m**  
Silver medal Amy Hinchly 4:35.49 SB

U17 Men **1500m**  
Silver medal Matthew Sheen 4:14.51 SB

U20 Women **1500m**  
Gold medal Tessa McCormick 4:42.93 SB  
Silver medal Kate Moulds 4:48.09 PB

U20 Men **1500m**  
Gold medal Mike Vennard I 3:59.98 PB  
Bronze medal Zack Bamber 4.11.38 PB

U13 Girls **75m**  
Gold medal Ellie Jackson 10.16 PB **NEW CLUB RECORD**

U13 Boys **200m**  
Silver medal Ben Lee 28.3

U13 Girls **1200m**  
Bronze medal Caitlin Dimmick 4.16.70

U13 Girls **70mH**  
Gold medal Ellie Jackson 11.58 PB **NEW CLUB RECORD**

U17 Women **80mH**  
Gold medal Katie Frith 12.51 PB

Senior Men **3000m**  
Gold medal Jon Owen 9:54.41 PB  
Bronze medal Daniel Morrison 9:58.30 SB

U13 Boys **200m**  
Gold medal Ben Lee 27.76

U13 Boys **800m**  
Gold medal Ben Lee 2:22.14

U13 Boys **1500m**  
Silver medal Ben Lee 5.10.19 PB PBs for Curtis Rodway, John Humphries and Alex Doyle

U15 Men **100m.**  
Silver medal Sam Denny 12.37

U13 Boys **100m.**  
Gold medal Ben Lee 13.83 PB PB by Daniel Jakeman

U20M **High jump**  
Gold medal Adrian Tomlinson 1.85m. SB **NEW CLUB RECORD**

U13 Girls **Long jump**  
Gold medal Ellie Jackson 4.54 PB **NEW CLUB RECORD** PB for Bethan Kelly

U17M **Javelin**  
Silver medal Louis Greenwood 35.84m PB **NEW CLUB RECORD**

U13 Girls **150m.**  
Gold medal Ellie Jackson 20.17 SB

U17 Men **200m.**  
Bronze medal Sam Rushworth 24.62 SB

SMens **800m.**  
Gold medal James Griffiths 1.56.7 SB

U15M **1500m.**  
Bronze medal Will Parsons 4.42.93 PB

U17W **3000m.**  
Gold medal Clara Pettit 11.57.21

U17W **Triple jump**  
Bronze medal Danielle Wakefield 9.85m.